

Northern Fells Rural Community Development Group
Company Limited By Guarantee

Unaudited Financial Statements for 31 March 2016

Company Registration Number 4504085

Charity Number 1093814

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

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**NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

Registered charity name	Northern Fells Rural Community Development Group
Charity number	1093814
Company registration number	4504085
Registered office	Millhouse Village Hall Millhouse Wigton Cumbria CA7 8HR
Trustees	Mr M Threlkeld Mr L Glead Mr D Ward Mr K Bridges Mr W Smith (Retired 3 September 2015) Mrs J Bush Mr P Huntington Mr R G Batey (Treasurer) Mrs J Stevenson Ms J Bland (Chair) Mr M Bagguley (Retired 15 October 2015) Mr G Hine (Vice Chair) Mr F Shaw (Retired 3 September 2015) Mr P Pearson Mr M Richardson (Appointed 3 September 2015) Mr T Cartmell (Appointed 3 September 2015) Mr W Brown (Appointed 20 January 2016)
Secretary	Mrs D M Barraclough
Independent examiner	Andrew Liddle, for and on behalf of Saint & Co 4 Mason Court Gillan Way Penrith 40 Business Park Penrith Cumbria CA11 9GR
Bankers	Lloyds TSB Bank plc 6 Lowther Street Carlisle Cumbria CA3 8DB

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2016

The trustees, who are also directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2016.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

THE TRUSTEES

The trustees who served the charity during the period were as follows:

Mr M Threlkeld
Mr L Glead
Mr D Ward
Mr K Bridges
Mr W Smith
Mrs J Bush
Mr P Huntington
Mr R G Batey (Treasurer)
Mrs J Stevenson
Ms J Bland (Chair)
Mr M Bagguley
Mr G Hine (Vice Chair)
Mr F Shaw
Mr P Pearson
Mr M Richardson
Mr T Cartmell
Mr W Brown

Mr M Richardson was appointed as a trustee on 3 September 2015.

Mr T Cartmell was appointed as a trustee on 3 September 2015.

Mr W Brown was appointed as a trustee on 20 January 2016.

Mr W Smith retired as a trustee on 3 September 2015.

Mr M Bagguley retired as a trustee on 15 October 2015.

Mr F Shaw retired as a trustee on 3 September 2015.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal status

The charity was incorporated on the 06 August 2002 and began its charitable activities on that date.

Governing Document

The charity is governed by its memorandum and articles of association dated 06 August 2002 and amended 11 January 2007.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

ORGANISATION

The management of the group is entrusted to the committee, which consists of the officers, namely Chairman, Vice-Chairman and Treasurer and up to twelve other members plus co-opted members. The committee meets no less than four times per year.

All officers and committee members are members of the group. Each of the Parish Councils of the seven parishes of Ireby with Uldale, Boltons, Westward & Rosley, Sebergham & Welton, Caldbeck, Castle Sowerby and Mungrisdale nominate a committee member at the Annual General Meeting who serve for the following year. Other officers and committee members are elected annually at the Annual General Meeting.

The committee has powers to do all things necessary and desirable in pursuit of the objects of the group.

Induction and training of Trustees is undertaken in meetings with new trustees and the Group Co-ordinator explains policies and procedures and copies of the Good Governance Guide and Memorandum of Articles of Association are supplied.

Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Membership

There are currently 153 individual members of the Northern Fells Group and 87 family members. Membership costs £5 per annum or £15 for a family (reviewed annually) and is open to anyone living within the Northern Fells Area or wishing to support the aims of the Northern Fells Group. We have increased awareness of our membership through local events and will continue to promote ownership of our group via this medium and "word of mouth".

OBJECTIVES AND ACTIVITIES

Summary of the objects as set out in the governing document

The Northern Fells Rural Community Development Group promotes and undertakes (either alone or on behalf of or in association with other bodies, organisations and individuals) charitable activities of any kind for the benefit and welfare of the inhabitants, communities and organisations in the parishes of Ireby with Uldale, Boltons, Westward & Rosley, Sebergham & Welton, Caldbeck, Castle Sowerby and Mungrisdale in the county of Cumbria and elsewhere.

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

Summary of the main activities in relation to these objects

The group runs the following services:

- Core administration, research, development and fundraising;
- The Lend a Hand Group provides neighbourly support to people who are ill or less able, and their carers;
- The Benefits Awareness and Help with Forms Scheme assists the elderly, people with disabilities and people on low income;
- Youth Initiative runs a range of activities including cycling, dance, drama, arts and sport as well as networking with local, county and national youth schemes;
- The Minibus service provides a flexible, accessible door to door service for people of any age without their own transport, and group hire;
- The Village Agent project links people to our services and outside organisations with four agents working throughout the parishes
- In addition we organise parish based lunch clubs, drop-in sessions and Tai-Chi for older people.
- Men In Sheds Community Workshop.

ACHIEVEMENTS AND PERFORMANCE

How our activities deliver public benefit

The trustees have considered the Charity Commission's guidance on public benefit. The Charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide many benefits and continue to look after the welfare of those who partake of the services provided within the seven parishes that make up the Northern Fells Group. The outcomes are shown below in the service co-ordinators' reports. The Group Co-ordinator reviews performance and objectives set for all services and reports to Trustees ensuring we are meeting the unmet needs of the residents in our community.

Review of achievements and performance in the year

Core Services

The Group continues to achieve its aims: helping, supporting, guiding, serving and enabling the inhabitants of our parishes. The group has continued to promote membership and maintained its trading activities. The annual newsletter was again ably edited by trustee Len Gleed, which involves volunteers delivering it to every household in the area. We have made two claims to the Department for Transport for a fuel duty rebate, due to our geographical remoteness, to help with fuel costs. In August our Lend a Hand co-ordinator Gail Dewis retired after successfully working for the group for 4 years. Simon Braithwaite has taken over the role and has ably taken on the challenge. I have attended meetings with ACT, Cumbria Community Transport forum meetings and continue to liaise with all our coordinators increasing good communication within the group.

The Mosedale Meeting House Coffee Shop was open again from July - September, Thursday to Sunday as an excellent fundraising activity for all Northern Fells services, run entirely by over 60 volunteers, baking, making soup and running the coffee shop. We display work from local artists who very kindly donate a percentage of sales to the group funds. Without Antoinette Ward's tireless organisation and the dedication of our many volunteers we would not be able to keep this brilliant outlet alive. A thank you must be extended once again to the Mosedale Society of Friends (Quakers) for allowing us the use of their meeting house.

We are extremely grateful for everyone's support and express our thanks to all our generous funders, including all the kind supporters of the group for their donations, funding events and merchandise.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

Funding for this service and the Fundraising Co-ordinator came from Lloyds Bank Foundation, Northern Rock Foundation, Prince's Countryside Fund, Gurney Trust, Big Lottery Fund and Group Donations.

It would not be possible to offer our services without the work of our wonderful volunteers; the trustees and co-ordinators express their sincere thanks for all their dedication and continuous support.

Diane Barraclough Group Co-ordinator

Fundraising

The main fundraising challenges faced by the Group over this year and into the near future are the time expiry of some of the Northern Fells Group grant aid contracts - these include Lloyds Bank, Northern Rock and The Prince's Countryside Trust. Also the Neighbourhood Care Independence Programme funding, we received to support the Lend a Hand and Village Agent projects has ended. Despite securing 5 years grant aid from the Reaching Communities, Big Lottery Programme for the Village Agents and Men in Sheds projects, we need to find additional funding so we can continue to provide the level of services we currently deliver.

In response fundraising has concentrated on:

Procuring additional funding for all services:

- Applying for further funding from The Prince's Countryside Trust, The Dulverton Trust and The Joyce Wilkinson Trust.
- Applying for a number of smaller grants to help support the ongoing work of Northern Fells Group. These include Cumbria County Council for play activities.

All funders require extensive monitoring and evaluation of impact - 6 monthly and annual reports are produced for each one.

We also continue to generate income from fundraising initiatives and events including the production of a 2016 calendar and Christmas cards, a 3 day craft fair held in December, the selling of apple juice and the café at Mosedale, run by volunteers during the summer months.

We are constantly researching and opening dialogues with potential new funders, including those who support community enterprises, alongside consolidating and strengthening our relationships with current funders and partners by attending local forums and conferences.

All our fundraising is a team effort, and I would like to thank all our donors, members, staff, supporters, trustees and volunteers for their time, commitment and efforts.

Libby Graham Fundraising Coordinator

**NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

The Lend a Hand Service

The number of volunteer assists during the period April 2015 to March 2016, in comparison to the previous year is:

2015/2016	Handyman	Personal Domestic	Medical Loan	2014/2015	Handyman	Personal Domestic	Medical Loan
TOTAL				TOTAL			
477	64	384	29	448	44	372	32
+6.47%	+45.54%	+3.22%	-9.94%				

Service performance

The Lend a Hand service provides a handyman, personal/domestic care and medical loan service, to residents in the 7 parishes who are ill or disabled, and their carers. The chief source of referrals to Lend a Hand is other NFG staff members, together with the clients themselves and our volunteers, who identify other assistance which we could give. The above figures show growth in the total number of assists, and as the number of assists is dependent on the number of referrals given this suggests that people are making more requests for help. This is perhaps because there are more interactions with local residents and the NFG team, more people know about the Lend a Hand service or that needs in the community are increasing.

Our links with the Neighbourhood Care Independence Programme (NCIP), which Lend a Hand had been part of for 3 years, came to a conclusion in March 2016. This was because the funding basis was changing and the new format of NCIP did not fit in with the Northern Fells Group stated aims. It also required a level of personal care that Northern Fells could not provide.

Volunteers

The volunteers are the backbone of the service and we have 33 volunteers available. Apart from performing the assists themselves they are proactive in making suggestions about Lend a Hand or other NFG services which could help clients further. There has been a progression this year towards helping with clients who have more significant domestic and domiciliary needs. These assists can either be short term and intense, or provide assistance over a longer period of time. The former help, to provide short term cover whilst the client and or their family come to terms with their situation, the latter is concerned with helping out on a weekly or monthly basis.

Clients

Lend a Hand has a diverse client base and it has proved an interesting 6 months, getting to know local people. The range of jobs completed has been varied to say the least. The service has provided the following types of job:

- Provision of Sitters to enable carers to have a break or go shopping.
- Small gardening jobs.
- A hand rail has been custom made to enable a client to use their front door for the first time in four years. The need for this was identified by a visiting volunteer.
- Honey has been removed from a ceiling and surrounding kitchen area!

**NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP
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TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

- A client who initially required some gardening work doing, has been given access to the Men in Sheds service after a chat with the Lend a Hand co-ordinator, and was able to resume a lifelong association with lathe work.

Comment from one of the clients above *'Thank you so much, not only for the handrail, but also for all the other help and support, which you have provided for us in recent months'*.

Funding for this service came from: Northern Rock Foundation, Neighbourhood Care Independence Programme and donations.

Simon Braithwaite - Lend a Hand Co-ordinator

Lend a Hand Benefits Awareness Scheme

The Benefits Awareness (and help with forms) Scheme is part of the Lend a Hand Group's activities, with Antoinette Ward continuing to work for the Scheme for 5 hours a week.

41 residents used the Benefits Awareness service this year. Of the 41 people contacting the service, 27 were aged over 65 years and 1 was under 25. The remaining clients were aged between 25 and 64 years. 21 people were assisted with claim forms or with appeals against decisions, a number of those were assisted with two or more claim forms, and 20 people were given other information, referred to other agencies or assisted with letters or telephone calls to sort out a variety of concerns. I made 67 home visits to clients over the year and helped them via email and telephone calls as well. Some clients were helped entirely by email or telephone consultations and did not actually need home visits. One client was helped to appeal against a disability decision and the appeal was successful.

£95,511.84 per annum in benefits was awarded in total to the residents who were helped with specific benefit claims between the beginning of April 2015 and the end of March 2016.

Information and assistance was given with a wide variety of concerns and referrals made to a number of different organisations. Benefit claims included disability benefits such as personal independence payment and attendance allowance, carer's allowance, child tax credit, pension credit, council tax reduction, housing benefit, income support, bereavement benefits, help with health costs, and employment and support allowance. People also wanted help with housing information and applications, information about funding for social and residential care, and help available for carers. Some of the referrals I made were to our own Northern Fells services - the Village Agents, the Minibus, the Lend a Hand Group, Lunch Groups and the Drop In at Millhouse. Others were to Citizens Advice Bureau, Social Services, and to the Careline Alarm services.

Assistance was given with the Northern Fells Newsletter, January 2016 publication, and I attended liaison meetings with partner voluntary organisations in Cumbria's Neighbourhood Care Independence Project.

Benefits Awareness service has continued to be advertised from time to time in the parish newsletters, and is advertised in the Northern Fells Services and Organisations booklet. The local GPs and the District and Practice Nurses refer patients to the service as do the Northern Fells Village Agents. The annual Newsletter lets people know about the service, and word of mouth remains one of the most valuable ways in which people find out about the help offered.

Funding for this service came from Lloyds Bank Foundation, Neighbourhood Care Independence Programme and donations.

Antoinette Ward, Lend a Hand Group Benefits Scheme Worker

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

Men in Sheds

Introduction: The last year has been a successful year for the project. The number of attendees has slowly increased and we have seen a 28% increase in attendances for the first three months of 2016 as compared to the same time period in 2015. This reflects both an increase in numbers of individuals who attend, plus an average increase in the amount of time individuals attend. There has not been a session where no men came along to participate, which I think for a rural setting is remarkable.

Building and infrastructure: We continue to receive donations of tools and equipment on a regular basis, which clearly reduces our own spend. Originally we thought that the shed would be difficult to heat over the winter months, but this has not been the case, and we have been able to operate a comfortable level using the donated Calor gas heaters. No sessions were cancelled or curtailed over the winter months.

Work / projects: Some men come along and bring their own projects with them, others help with work brought in by the public. This can be varied but commonly comprises; tool repairs, furniture repairs, garden bench rebuilds, bird and squirrel box construction. This year we were asked to make wooden collection boxes for Patterdale Mountain Rescue Service. We have two attendees who regularly use one of our lathes to turn various wooden objects.

Sustainability: I think the project is now sustainable, if the numbers continue to increase at the current level we may even need to consider additional opening times.

Summary: The Men in Sheds project continues to run on Tuesdays and Thursdays. It is supported by the local community by donating tools and disposables. We have a regular number of attendees, some coming on both days. There is plenty of work available to keep the men busy, and overall feedback has been encouraging. We often get holiday makers coming in to look around, the majority wishing they had a similar facility in their home towns.

Funding for this service came from Big Lottery Reaching Communities Fund and Cumbria Community Foundation.

Ken Graham - Service Co-ordinator

Minibus

The minibus continues to be a regularly used NFG service throughout all the seven parishes providing transport for all ages. It is a flexible, accessible, door to door service for people of any age without their own transport, either for the long term or a short period of time due to illness etc. It runs over a six days per week and also takes bookings for weekend and evening journeys as long as we can find a driver. The minibus takes people to both medically related appointments and social visits to friends, village activities, shopping and many more. The minibus is regularly used by disabled and wheelchair users providing them with an invaluable service by taking them to day care or therapy sessions which otherwise would not be accessible to them and has done a total of 248 of these journeys over the past year. The minibus over the past year has transported a total of 2662 passengers an increase of more than 1000 compared to last year.

We have unfortunately lost four of our minibus drivers due to retirement and other commitments, but thank them greatly for all the time they gave us over the years. We have been also extremely fortunate in that we have recruited four new drivers who have all been trained and are now driving regularly. We have at present a total of 28 day time drivers and 6 evening/weekend drivers. The new minibus has almost been running for a year and seems not to have caused any major issues for drivers or passengers. As fuel prices have come down

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

we were able to reduce the cost of the fares for daytime journeys from 35p to 30p per mile and weekend and evening journeys from £1.00 to 85p per mile.

Funding for the minibus came from: Cumbria County Council - Community Transport. Heskett Newmarket Brewery, Caldbeck Surgery Charitable Fund and our seven Parish Councils.

Julia Trotter - Transport Co-ordinator

Village Agent Initiative

Four Village Agents cover the seven Parishes of the Northern Fells Group.

Agents continue to attend existing clubs/events/lunch groups/parish council meetings to promote the Service both formally and informally and advertisements are placed in local publications and on local notice boards. They run and support regular events that have been set up under the project.

Agents have also:

- Helped with individual issues such as Blue Badge applications, Bus passes, Utility bill issues, Benefit referrals, Cleaners, Bereavement support, Hearing advice, Form filling, Home Safety referrals, meals on wheels referrals, emotional support, check-up visits and referrals to existing Northern Fells Group services and groups.
- A total of 708 individual visits/contacts have been made.
- Referred residents to Nail Cutting Clinics at Rosley and Heskett Newmarket which are well attended and supported by Age UK.
- Collected surplus apples from local residents resulting in bottles of apple juice being sold to raise funds for NFG.
- Continued to support and organise Oil Syndicates in Caldbeck, Heskett Newmarket, Rosley, Westward, Castle Sowerby, Mungrisdale, Boltons and Welton & Sebergham with 310 residents taking advantage of the service at a reduced oil price. Estimated savings for the year £7,204.
- Organised an Arts & Crafts Fair at Mungrisdale over 3 days which was well attended. Helped organize Arts & Craft Fair at Sebergham.
- Energy Switching Days: We organised 2 days with support from C.A.B. An approximate saving of £1,454 was made for 9 residents.
- An Energy advice session was held for staff and residents by CAfs giving agents advice on switching. Agents are now helping residents switch.

New initiatives this year:

- Gentle exercise classes at Millhouse.
- Progressive Exercise class at Bolton low Houses supported by Age UK.
- Computer classes at Uldale and Caldbeck.
- Free Hearing aid checks supported by Caritas care.
- Spinning workshops are being held fortnightly and are well attended.
- New Summer evening walks are planned to start in April. 49 people regularly attend one of our 5 walking groups. "

People across all age ranges from all of our Parishes have taken advantage of the Village Agent Service.

Funding for this service came from: Big Lottery Reaching Communities Fund, Joyce Wilkinson Trust, Hilmarnan Trust and Cumbria County Council -Neighbourhood Care Independence Programme.

Diane Barraclough- Service Co-ordinator

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

Youth Initiative

The Easter and Summer Activities Programmes were run very successfully by Debbie Williams and Emma Armstrong comprising of 8 and 18 activities respectively. The programme caters for children aged 6 to 16 living in the Northern Fells Group parishes. In the Easter Holiday Programme, 65 children took part and 140 of a possible 188 places were filled. In the Summer Holiday Programme, 71 children attended the various activities and 233 of a possible 446 were filled. Unfortunately some outdoor activities had to be cancelled due to bad weather.

The activities ranged from a variety of craft workshops to coordinate the craft activities with Heskett Show including felt pictures, mod roc clay sculpting and new crafts such as Felt jewellery and accessory making were introduced. The outdoor and sporting activities included archery, rock climbing, cricket, tennis, pony riding and stable care. Our 2 new activities were Cycling and Orienteering at Watchtree nature reserve and a dance workshop. We had help to supervise these activities from parent volunteers, trustees, staff and 3 young people who will hopefully help again next year.

A morning of fun was organised during term time for the under 6 age group with Enjoy-a-Ball at Caldbeck Village Hall. The morning was well attended by over 20 babies, toddlers and preschool children from the different playgroups of the Northern Fells Group area.

I would like to thank Debbie and Emma for all their hard work and all our volunteers for helping to supervise this year's activities.

Funding for the activities came from Rowan Community first Grants, Carr's Milling Industries, Francis C Scott and Northern Fells Group donations.

Diane Barraclough - Service Co-ordinator

FINANCIAL REVIEW

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity to enable them to guard against shortfall, undertake projects and to take advantage of opportunities that present themselves. It is intended to build up the reserves.

Review of the financial position of the charity

The Group has a positive income balance from the activities undertaken this year.

However, the importance of Grant Income remains pivotal to the funding for the Group now and in future years.

Principal financial management policies adopted

A financial report in the form of a profit and loss statement is circulated to the committee prior to each quarterly meeting.

A verbal overview is given by the treasurer of the overall financial position of the group together with details of any major items of income and expenditure that have occurred in the previous 3 months.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

Any potential large business / operational expenditure or risk is discussed and agreed by the committee prior to any implementation.

An annual review is held with the independent examiner prior to the issue of the financial statements.

Principal funding sources and how expenditure in the year under review has supported the key objectives of the charity

The Group has been funded through a mixture of earned income, donations and membership from its local communities. Grants have been awarded from funds supporting rural communities and sustainable development or from those that support care for the elderly and disadvantaged. The Minibus, Lend a Hand (incorporating the Benefit Awareness Scheme), Youth Initiative, Men in Sheds and Village Agents will continue to provide much needed services to those members of the Northern Fells Community who face exclusion because of ill health, disability, and lack of transport or low incomes.

Funders

Cumbria Community Foundation
Lloyds Bank Foundation
The Northern Rock Foundation
Cumbria County Council - Community Transport
Caldbeck Surgery Charitable Fund
The Joyce Wilkinson Trust
Hesket Newmarket Brewery Fund
The Gurney Charitable Trust
The Big Lottery Fund
The Prince's Countryside Fund
Francis C Scott Charitable Trust
Hilmarnan Trust
Neighbourhood Care Independence Programme
Boltons, Caldbeck, Castle Sowerby, Ireby with Uldale, Mungrisdale, Sebergham & Welton and Westward & Rosley Parish Councils
Voluntary Donations

PLANS FOR FUTURE PERIODS

The trustees plan to continue all services and build a reserve of money to enable the Group to respond with help to identified areas of need.

INDEPENDENT EXAMINER

Andrew Liddle, Chartered accountant, for and on behalf of Saint & Co. has been re-appointed as independent examiner for the ensuing year.

**NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2016

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also the directors of Northern Fells Rural Development Group for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Registered office:
Millhouse Village Hall
Millhouse
Wigton
Cumbria
CA7 8HR

Signed by order of the trustees



Mrs D M Barraclough
Company Secretary

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**NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF
NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP**

YEAR ENDED 31 MARCH 2016

I report on the accounts of the charity for the year ended 31 March 2016 which are set out on pages 16 to 25.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of Northern Fells Rural Community Development Group for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew Liddle, Chartered Accountant, for and on behalf of Saint & Co.
Independent examiner

4 Mason Court
Gillan Way
Penrith 40 Business Park
Penrith
Cumbria
CA11 9GR



29/9/16
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**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE
INCOME AND EXPENDITURE ACCOUNT)**

YEAR ENDED 31 MARCH 2016

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £	Total Funds 2015 £
INCOME AND ENDOWMENTS					
Donations and legacies	2	5,693	2,312	8,005	14,702
Income from charitable activities	3	–	87,105	87,105	74,338
Other trading activities	4	4,373	3,015	7,388	22,140
Investment income	5	667	–	667	923
Other income	6	6,952	10,801	17,753	12,758
TOTAL INCOME		<u>17,685</u>	<u>103,233</u>	<u>120,918</u>	<u>124,861</u>
EXPENDITURE					
Expenditure on raising funds:					
Costs of other trading activities	7	(3,249)	–	(3,249)	(9,703)
Expenditure on charitable activities	8/9	(1,686)	(98,171)	(99,857)	(94,339)
TOTAL EXPENDITURE		<u>(4,935)</u>	<u>(98,171)</u>	<u>(103,106)</u>	<u>(104,042)</u>
NET INCOME BEFORE TRANSFER					
Transfer between funds	11 12	12,750 (182)	5,062 182	17,812 –	20,819 –
NET INCOME FOR THE YEAR		<u>12,568</u>	<u>5,244</u>	<u>17,812</u>	<u>20,819</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>14,948</u>	<u>84,677</u>	<u>99,625</u>	<u>78,806</u>
TOTAL FUNDS CARRIED FORWARD		<u>27,516</u>	<u>89,921</u>	<u>117,437</u>	<u>99,625</u>

The Statement of financial activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

The notes on pages 18 to 25 form part of these financial statements.

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

BALANCE SHEET

31 MARCH 2016

	Note	2016		2015	
		£	£	£	£
FIXED ASSETS					
Tangible assets	14		25,845		1,422
CURRENT ASSETS					
Debtors	15	400		2,838	
Cash at bank		100,076		119,211	
		<u>100,476</u>		<u>122,049</u>	
CREDITORS: Amounts falling due within one year	16	<u>(8,884)</u>		<u>(23,846)</u>	
NET CURRENT ASSETS			91,592		98,203
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>117,437</u>		<u>99,625</u>
NET ASSETS			<u>117,437</u>		<u>99,625</u>
FUNDS OF THE CHARITY					
Restricted income funds	17		89,921		84,677
Unrestricted income funds	18		27,516		14,948
TOTAL CHARITY FUNDS			<u>117,437</u>		<u>99,625</u>

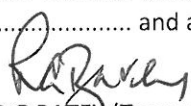
For the year ended 31 March 2016 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

These financial statements were approved by the members of the committee and authorised for issue on the and are signed on their behalf by:


MR G BATEY (Treasurer)


MS J BLAND (Chair)

Company Registration Number: 4504085

The notes on pages 18 to 25 form part of these financial statements.

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain fixed assets and investments measured at market value. The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), and the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) (SORP 2015).

Incoming resources

Income is received by way of grants, service level agreements/contracts and services provided and are included in the statement on financial activities in the period to which they relate. Grant income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Income is deferred when either the donor specifies that the grant must only be used in future periods of account or the funding relates to activities in a future accounting period.

Investment income is recognised on a receivable basis.

Unrestricted funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds

Restricted funds are those that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended

Expenditure is recognised when a liability is incurred. They include attributable VAT which cannot be recovered.

- Costs of generating funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure undertaken directly for the activities of the charity and include both the direct costs and support costs relating to these activities.
- Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's activities. They have been allocated between the expenditure on charitable activities on the basis of time taken.

Fixed assets

All fixed assets are initially recorded at cost. Items are of a revenue nature if below £1,000 and are not capitalised up to this level. Computer equipment is written off in the period to which any grant aid is received as appropriate.

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

1. ACCOUNTING POLICIES *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment	- straight line over four years
Motor vehicles	- straight line over five years

2. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Donations			
Donations	<u>5,693</u>	<u>2,312</u>	<u>8,006</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £
Donations			
Donations	<u>12,081</u>	<u>2,620</u>	<u>14,702</u>

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

3. INCOME FROM CHARITABLE ACTIVITIES

	Restricted Funds	Total Funds 2016	Restricted Funds	Total Funds 2015
	£	£	£	£
Lloyds Bank Foundation	8,333	8,333	10,000	10,000
Cumbria County Council - Allerdale Grant	–	–	2,500	2,500
Parish Council Grants	2,150	2,150	2,150	2,150
Caldbeck Surgery Charitable Fund	3,000	3,000	2,500	2,500
The Northern Rock Foundation	6,083	6,083	6,583	6,583
Cumbria Community Foundation	3,310	3,310	6,551	6,551
The Big Lottery Fund	26,224	26,224	22,457	22,457
The Joyce Wilkinson Trust	750	750	–	–
The Prince's Countryside Fund	10,000	10,000	10,000	10,000
Frances C Scott	2,500	2,500	500	500
The Hadfield Charitable Trust	–	–	250	250
Neighbourhood Care Independence Programme	6,743	6,743	6,743	6,743
Cumbria County Council - Community Transport	15,000	15,000	–	–
CCC - Eden District Council	–	–	1,500	1,500
Other Grants Received	3,012	3,012	2,604	2,604
	<u>87,105</u>	<u>87,105</u>	<u>74,338</u>	<u>74,338</u>

4. OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2016
	£	£	£
Fundraising	<u>4,373</u>	<u>3,015</u>	<u>7,387</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2015
	£	£	£
Fundraising	<u>19,116</u>	<u>3,025</u>	<u>22,140</u>

5. INVESTMENT INCOME

	Unrestricted Funds	Total Funds 2016	Unrestricted Funds	Total Funds 2015
	£	£	£	£
Bank interest receivable	<u>667</u>	<u>667</u>	<u>923</u>	<u>923</u>

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

6. OTHER INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Gains on disposal of tangible fixed assets for charity's own use	–	4,974	4,974
Other income	4,802	1,504	6,306
Membership Subscriptions	2,150	–	2,150
Minibus Fares	–	4,323	4,323
	<u>6,952</u>	<u>10,801</u>	<u>17,753</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £
Gains on disposal of tangible fixed assets for charity's own use	–	–	–
Other income	3,914	1,792	5,706
Membership Subscriptions	2,470	–	2,470
Minibus Fares	–	4,582	4,582
	<u>6,384</u>	<u>6,374</u>	<u>12,758</u>

7. COSTS OF OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Total Funds 2016 £	Unrestricted Funds £	Total Funds 2015 £
Fundraising	<u>3,249</u>	<u>3,249</u>	<u>9,703</u>	<u>9,703</u>

8. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £
Minibus	–	11,203	11,203
Lend a Hand	–	8,644	8,644
Village Agents	–	19,706	19,706
Youth Initiative	–	5,621	5,621
Men In Sheds	–	7,023	7,023
Minibus depreciation	–	6,116	6,116
Core	1,686	40,083	41,769
	<u>1,686</u>	<u>98,171</u>	<u>99,857</u>

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

8. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £
Minibus	–	11,880	11,880
Lend a Hand	–	7,639	7,639
Village Agents	–	16,594	16,594
Youth Initiative	–	7,007	7,007
Men In Sheds	–	5,515	5,515
Minibus depreciation	–	5,678	5,678
Support costs	25,853	14,173	40,026
	<u>25,853</u>	<u>68,486</u>	<u>94,339</u>

9. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities undertaken directly £	Support costs £	Total Funds 2016 £	Total Funds 2015 £
Minibus	11,203	1,189	12,392	13,032
Lend a Hand	8,419	2,712	11,131	9,616
Village Agents	19,706	10,108	24,770	26,444
Youth Initiative	5,621	640	6,261	7,721
Men In Sheds	7,023	184	7,207	5,995
Core	–	25,310	30,354	24,179
Minibus depreciation	6,116	–	6,116	5,678
Governance costs	–	1,626	1,626	1,674
	<u>58,088</u>	<u>41,769</u>	<u>99,857</u>	<u>94,339</u>

10. ANALYSIS OF SUPPORT COSTS

	Total 2016 £	Total 2015 £
Staff costs	17,384	17,174
Travel	5,510	4,593
Printing, postage and stationery	3,591	5,513
Legal and professional	1,626	1,674
Other costs	13,658	11,072
	<u>41,769</u>	<u>40,026</u>

The amounts included in legal and professional relate solely to the governance costs of the Independent Examination fee.

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

11. NET INCOMING RESOURCES FOR THE YEAR

This is stated after charging:

	2016	2015
	£	£
Depreciation	6,116	5,678
Accountants' fees	<u>1,626</u>	<u>1,674</u>

12. FUND TRANSFERS

During the year £182 was transferred from unrestricted funds to restricted funds. The transfer was done to allocate part of the fundraising income to cover the minibus replacement costs.

13. STAFF COSTS AND EMOLUMENTS

Total staff costs were as follows:

	2016	2015
	£	£
Wages and salaries	54,831	48,629
Social security costs	—	—
	<u>54,831</u>	<u>48,629</u>

No employee received remuneration of more than £60,000 during the year (2015 - Nil).

The trustees received no remuneration or expenses in relation to services provided to the charity.

Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2016	2015
	No.	No.
Number of staff	<u>3</u>	<u>3</u>

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

14. TANGIBLE FIXED ASSETS

		Plant, machinery and motor vehicles £
COST		
At 1 April 2015		35,650
Additions		31,015
Disposals		<u>(28,393)</u>
At 31 March 2016		<u><u>38,272</u></u>
DEPRECIATION		
At 1 April 2015		34,228
Charge for the year		6,116
On disposals		<u>(27,917)</u>
At 31 March 2016		<u><u>12,427</u></u>
NET BOOK VALUE		
At 31 March 2016		<u><u>25,845</u></u>
At 31 March 2015		<u><u>1,422</u></u>
Capital commitments		
	2016	2015
	£	£
Contracted but not provided for in the financial statements	<u>-</u>	<u>31,655</u>

During the previous year the trustees took the decision to replace the minibus and took delivery of the new one in May 2015. £15,000 was received via a Community Transport grant from Cumbria County Council.

15. DEBTORS

	2016	2015
	£	£
Other debtors	400	400
Prepayments	<u>-</u>	<u>2,438</u>
	<u><u>400</u></u>	<u><u>2,838</u></u>

**NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2016

16. CREDITORS: Amounts falling due within one year

	2016	2015
	£	£
Other creditors	7,084	22,046
Accruals and deferred income	1,800	1,800
	<u>8,884</u>	<u>23,846</u>

Other Creditors as stated above includes deferred income which is deferred and released in future periods.

Movement on Receipts in advance

Receipts in advance brought forward	22,046	22,702
Released in the year	(22,046)	(22,702)
Deferred in the year	7,084	22,046
	<u>7,084</u>	<u>22,046</u>
Receipts in advance carried forward		<u>22,046</u>

17. RESTRICTED INCOME FUNDS

	Balance at 1 Apr 2015	Income	Expenditure	Transfers	Balance at 31 Mar 2016
	£	£	£	£	£
Restricted Funds	<u>84,677</u>	<u>103,233</u>	<u>(98,171)</u>	<u>182</u>	<u>89,921</u>

18. UNRESTRICTED INCOME FUNDS

	Balance at 1 Apr 2015	Income	Expenditure	Transfers	Balance at 31 Mar 2016
	£	£	£	£	£
General Funds	<u>14,948</u>	<u>17,685</u>	<u>(4,935)</u>	<u>(182)</u>	<u>27,516</u>

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets	Net current assets	Total
	£	£	£
Restricted Income Funds:			
Restricted Funds	25,845	64,076	89,921
Unrestricted Income Funds	-	27,516	27,516
	<u>25,845</u>	<u>91,592</u>	<u>117,437</u>

20. COMPANY LIMITED BY GUARANTEE

Northern Fells Rural Community Development Group is a charity limited by guarantee and does not have share capital.