

**NORTHERN FELLS RURAL COMMUNITY
DEVELOPMENT GROUP
COMPANY LIMITED BY GUARANTEE
UNAUDITED FINANCIAL STATEMENTS
31 MARCH 2013**

Charity Number 1093814

SAINT AND CO
Chartered Accountants
4 Mason Court
Gillan Way
Penrith 40 Business Park
Penrith
Cumbria
CA11 9GR

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

CONTENTS	PAGES
Members of the Board and professional advisers	3
Trustees Annual Report	4 to 14
Independent examiner's report to the members	15
Statement of financial activities (incorporating the income and expenditure account)	16
Balance sheet	17
Notes to the financial statements	18 to 24

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

Registered charity name	Northern Fells Rural Community Development Group
Charity number	1093814
Company registration number	4504085
Registered office	Millhouse Village Hall Millhouse Wigton Cumbria CA7 8HR
Trustees	Mr M Threlkeld Dr J Cox (Chairman) Mr D Bruin Mr G Gash Mr L Gleed Mr F Shaw Mr D Ward Mr K Bridges Mr W Smith Mrs C Johnson (Retired 27 September 2012) Mrs J Bush Mr P Huntington Mr R G Batey (Treasurer) Mrs J Stevenson Ms J Bland (Vice Chair) Mr T Todd Mr D Kerry (Appointed 27 September 2012) Mr M Bagguley (Appointed 27 September 2012)
Secretary	Mrs D M Barraclough
Independent examiner	Andrew Liddle, for and on behalf of Saint & Co 4 Mason Court Gillan Way Penrith 40 Business Park Penrith Cumbria CA11 9GR
Bankers	Lloyds TSB Bank plc 6 Lowther Street Carlisle Cumbria CA3 8DB

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2013

The trustees, who are also directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2013.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

THE TRUSTEES

The trustees who served the charity during the period were as follows:

Mr M Threlkeld
Dr J Cox (Chairman)
Mr D Bruin
Mr G Gash
Mr L Gleed
Mr F Shaw
Mr D Ward
Mr K Bridges
Mr W Smith
Mrs C Johnson
Mrs J Bush
Mr P Huntington
Mr R G Batey (Treasurer)
Mrs J Stevenson
Ms J Bland (Vice Chair)
Mr T Todd
Mr D Kerry
Mr M Bagguley

Mr D Kerry was appointed as a trustee on 27 September 2012.
Mr M Bagguley was appointed as a trustee on 27 September 2012.
Mrs C Johnson retired as a trustee on 27 September 2012.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal status

The charity was incorporated on the 06 August 2002 and began its charitable activities on that date.

Governing Document

The charity is governed by its memorandum and articles of association dated 06 August 2002 and amended 11 January 2007.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

ORGANISATION

The management of the group is entrusted to the committee, which consists of the officers, namely Chairman, Vice-Chairman and Treasurer and up to twelve other members plus co-opted members. The committee meets no less than four times per year.

All officers and committee members are members of the group. Each of the Parish Councils of the seven parishes of Ireby with Uldale, Boltons, Westward & Rosley, Sebergham & Welton, Caldbeck, Castle Sowerby and Mungrisdale nominate a committee member at the Annual General Meeting who serve for the following year. Other officers and committee members are elected annually at the Annual General Meeting.

The committee has powers to do all things necessary and desirable in pursuit of the objects of the group.

Induction and training of Trustees is undertaken in meetings with new trustees and the Group Co-ordinator explains policies and procedures and copies of the Good Governance Guide and Memorandum of Articles of Association are supplied.

Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Membership

There are currently 165 individual members of the Northern Fells Group and 84 family members. Membership costs £5 per annum or £15 for a family (reviewed annually) and is open to anyone living within the Northern Fells Area or wishing to support the aims of the Northern Fells Group. We have increased awareness of our membership through local events and will continue to promote ownership of our group via this medium and "word of mouth".

OBJECTIVES AND ACTIVITIES

Summary of the objects as set out in the governing document

The objects for which the Group is established are to promote the benefit of the inhabitants of the parishes of Ireby with Uldale, Boltons, Westward, Sebergham, Caldbeck, Castle Sowerby and Mungrisdale in the County of Cumbria without distinction of age, gender, sexual orientation, race, disability or political religious or other opinions by associating together with the said inhabitants and the local authorities, voluntary and other organisations in a common effort to advance education, relieve poverty, sickness and distress and to provide facilities in the interests of social welfare and recreation and leisure time occupation with the object of improving the conditions of life for the said inhabitants.

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

Summary of the main activities in relation to these objects

The group runs the following services:

- Core administration, research, development and fundraising;
- The Lend a Hand Group provides neighbourly support to people who are ill or less able, and their carers and in association with the British Red Cross provides medical equipment loan;
- The Benefits Awareness and Help with Forms Scheme assists the elderly, people with disabilities and people on low income;
- Youth Initiative runs a range of activities including cycling, music, arts and sport as well as networking with local, county and national youth schemes;
- The Minibus service provides a flexible, accessible door to door service for people of any age without their own transport, and group outings;
- The Village Agent project links people to our services and outside organisations with four agents working throughout the parishes
- In addition we organise parish based lunch clubs, drop-in sessions and Tai-Chi for older people.

ACHIEVEMENTS AND PERFORMANCE

How our activities deliver public benefit

The Charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide many benefits and continue to look after the welfare of those who partake of the services provided within the seven parishes that make up the Northern Fells Group. The outcomes are shown below in the service co-ordinators' reports. The Group Co-ordinator reviews performance and objectives set for all services and reports to Trustees ensuring we are meeting the unmet needs of the residents in our community.

Review of achievements and performance in the year

Core Service

The Group continues to achieve its aims: helping, supporting, guiding, serving and enabling the inhabitants of our parishes.

The group has continued to promote membership and maintained its trading activities. All gift aid donations have been claimed and 25% of our members now renew their membership by standing order. Every effort has been made to reduce costs and we pay wages and regular bills by BACS payment. We have also registered with the Post Office to pay a reduced rate on our bulk postage. In October we distributed our updated Services and Organisations Booklet to all households. The annual newsletter was again ably edited by trustee Len Gleed, which involves volunteers delivering to our residents. We have made two claims to the Department for Transport for a fuel duty rebate, due to our geographical remoteness, to help with increasing fuel costs. In April our village agent Sally Vaux retired and Emma Jennings has ably taken over the Boltons, Ireby and Uldale parishes. I have attended neighbourhood forums and a funding fair in Carlisle and continue to liaise with all our coordinators increasing good communication within the group.

The Mosedale Meeting House Coffee Shop was open again from July - September, Thursday to Sunday as an excellent fundraising activity for all Northern Fells services, run entirely by over 60 volunteers, baking, making soup and running the coffee shop. We display work from local artists who very kindly donate a percentage of sales to the group funds. Without Antoinette Ward's tireless organisation and the dedication of our many volunteers we would not be able to keep this brilliant outlet alive. A thank you must be extended once again to the Mosedale Society of Friends (Quakers) for allowing us the use of their meeting house.

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

We are extremely grateful for everyone's support and express our thanks to all our generous funders, including all the kind supporters of the group for their donations, funding events and merchandise. Funding for this service and the Fundraising Co-ordinator came from Lloyds TSB, Northern Rock Foundation, Nuclear Management Partners, The Joyce Wilkinson Trust, Big Lottery Fund and Group Donations.

It would not be possible to offer our services without the work of our wonderful volunteers; the trustees and co-ordinators express their sincere thanks for all their dedication and continuous support.

Diane Barraclough, Group Co-ordinator.

Fundraising Co-ordinator

As fundraising co-ordinator I have successfully continued to raise funds for our group in all our services, networked and attended various meetings to further the profile of the group. We obtained the Big Lottery in 2012 to enable our Village Agent project to continue with 85% funding until September 2015. Northern Rock agreed to main fund our Lend a Hand scheme excluding Benefit awareness for 3 years from June 2013-16.

We entered into a new era with 22 third sector organisations (charities) to form the "Neighbourhood Care Independence Scheme" for Allerdale and Eden funded by Cumbria County Council to help match fund our Lend a Hand and Benefit awareness and Village Agent projects. The funding allocation is hopefully for 3 years with possible 5 years and the lead partners are Age UK for Allerdale and Cumbria Third Sector Consortium (C3C) for Eden. Our seven parishes are split between these two social service areas. This type of joint funding is the way Council funding is progressing throughout Cumbria (we are pilots of the scheme) and our increased awareness and links with Adult Social Care will develop to produce more volunteers and help more residents.

My husband and I have continued to work voluntarily on the calendar and will be producing a 4th calendar in 2013 for the Group. This community calendar involves local businesses buying advertising space and residents taking part in a photo competition throughout all our parishes. I manage our cards which have produced a steady income for funding.

The Lloyds TSB Foundation were unable to help us with our Core from June 2012-December 2013 and we have had to raise our funding with small pockets of funding from other grant providers. We are hoping for funding by the Lloyds TSB Foundation in 2014. In the meantime I must continue to work hard in raising funds for this much needed area of the charity exploring all avenues. I have also started to approach businesses for sponsorship and we are slowly progressing down this route. With this in mind I have attended Chamber of Commerce networking meetings in Carlisle and Cockermouth and did a presentation at a Penrith Lions meeting. Some good leads were obtained.

It would not be possible for us to achieve funding without all the excellent reports and record keeping of our service co-ordinators who provide evidence of spend and updates on their services work which is so important to funders. We all work as a team to help with applications. Thank you so much for all your support.

Sue Clarke, Fundraising Co-ordinator.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

The Lend a Hand Service

The number of volunteer assists, during the period April 2012 to March 2013, in comparison to the previous year was as follows:

2012/13 TOTAL	HANDYMAN	PERSONAL/ DOMESTIC CARE	MEDICAL LOAN	2011/12 TOTAL	HANDYMAN	PERSONAL/ DOMESTIC CARE	MEDICAL LOAN
341	78	226	37	366	113	212	41

The slight fall in numbers will be addressed by the Lend a Hand Co-ordinator increasing her attendance at Lunch Groups, Information Days, Drop Ins and WI Meetings etc., to promote the service. The numbers are fairly evenly spread over the 7 parishes, with the exception of the Boltons Parish which will require additional focus.

The handymen turn their hands to a wide variety of tasks such as tap washers and fixing curtain poles. Gardening tends to occupy them during the summer.

The personal/domestic volunteers help with tasks such as dog walking and carer relief. Lend a Hand works closely with the rest of the Northern Fells Group, receiving and forwarding referrals. One particular client has been referred to 4 of our services, which has transformed his life. Lend a Hand is part of Cumbria County Council's Neighbourhood Care Independence programme. The medical loan service continues to provide an invaluable service, operated by Doreen Gleed, who holds a wide variety of equipment.

The Tai Chi exercise class numbers have increased from 8 last year to 14 this year.

The Carers Group is now bi-monthly with organised outings in the minibus. The invitations have been extended to include residents who have no transport or may find it difficult to get out on their own. Volunteers continue to help at the Millhouse Drop In and Lunch Group and Mosedale Tearoom during the summer months. They have also helped deliver the Northern Fells newsletter. The total number of volunteers is currently 24; 7 new volunteers have been recruited and 1 is currently being processed. I would like to thank the long-standing volunteers who have retired for all their hard work for the group. The Lend a Hand monthly newsletter continues to keep volunteers up to date and a meeting is held every 4 months.

Clients regularly praise the volunteers for the first class service they provide. Their commitment and generous giving of their time is much appreciated.

Funding for this service came from:- Northern Rock Foundation, Cumbria Community Foundation - Winter Warmth Project, Hilmarnan Trust, Eden Local Committee and Group Donations.

Gail Dewis - Lend a Hand Co-ordinator

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

Benefits Awareness Scheme

The Benefits Awareness (and help with forms) Scheme is part of the Lend a Hand Group's activities, with Antoinette Ward continuing to work for the Scheme for 5 hours a week.

44 residents used the Benefits Awareness service this year. Of the 44 people contacting the service, 21 were aged over 65 years and 1 was a teenager. The remaining clients were aged between 18 and 64 years. 27 people were assisted with claim forms or with appeals against decisions, a number of those were assisted with two or more claim forms, and 17 people were given other information, referred to other agencies or assisted with letters or telephone calls to sort out a variety of concerns. I made 36 home visits to clients over the year and helped them via email and telephone calls as well. Some clients were helped entirely by email or telephone consultations and did not actually need home visits.

£64,602.24p per annum in benefits was awarded in total to the residents who were helped with specific benefit claims between the beginning of April 2012 and the end of March 2013. Information and assistance was given with a wide variety of concerns and referrals made to a number of different organisations. Benefit claims included disability benefits such as disability living allowance and attendance allowance, carer's allowance, working tax credit, pension credit, council tax benefit, housing benefit, bereavement benefits, help with health costs, and employment support allowance. People also wanted help with housing information and applications, information about funding for social and residential care, and help available for carers. Some of the referrals I made were to our own Northern Fells services - the Village Agents, the Minibus, the Lend a Hand Group, Lunch Groups and the Drop In at Millhouse. Others were to Citizens Advice Bureau, the District Nurses, and to the Careline Alarm services.

Assistance was given with the Northern Fells Newsletter, January 2013 publication. In February 2013 I attended a very informative course delivered by the Child Poverty Action Group at Penrith. It was a training course about the new Personal Independence Payment (PIP) which is replacing Disability Living Allowance (DLA) in 2013. The course was provided free by Cumbria Advice Network to Benefits workers working for charities in Cumbria and I really appreciated the opportunity to attend and learn about this new benefit and its eligibility criteria.

The Benefits Awareness service has continued to be advertised from time to time in the parish newsletters, and is advertised in the Northern Fells Services and Organisations booklet. The local GPs and the District and Practice Nurses refer patients to the service as does Gail Dewis, who runs the Northern Fells Group Lend a Hand services, and the Northern Fells Village Agents. The annual Newsletter lets people know about the service, and word of mouth remains one of the most valuable ways in which people find out about the help offered.

Antoinette Ward, Lend a Hand Group Benefits Scheme Worker.

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

The Minibus continued its much appreciated, flexible, accessible, door to door service for people of any age without their own transport.

The service now has twenty eight regular voluntary drivers providing a 6 day a week service with help from another eight drivers for the evening outings. This is a welcome increase of two regular and three evening drivers.

The minibus is established as a flexible service for people without their own transport and for those who need the disabled access. It also helps people during temporary periods of illness or disability and can take carers out to give them a break. The minibus takes people to both medically related appointments and social visits to friends, village activities, shopping etc. It brings teenagers home from school when they stay on for sport or musical activities and miss the school bus. It takes older people to lunch groups and the drop-in coffee morning at Millhouse. The service takes passengers out of the area to appointments or to public service connections for longer journeys.

In this accounting year the minibus carried 1,650 passengers travelling 10,683 miles (miles with passengers on board). These figures are slightly down on last year but the passenger journeys can obviously be substantially affected if a passenger's personal circumstances change and for various reasons they no longer require the minibus, which they may have been using on a regular weekly basis. Due to the weather conditions over the past couple of months we have had to cancel a few journeys, so this may have had a slight impact on the figures.

Myself and Carol have been working together for almost a year now, sharing the Transport Co-ordinator role and all is working very well.

The passengers often express their gratitude to the voluntary drivers for their helpfulness and patience and I join them in that appreciation.

Funding for this service came from Caldbeck Surgery Charitable Fund, Hesket Newmarket Brewery, our seven Parish Councils and Group Donations.

Julia Trotter, Transport Co-ordinator.

Village Agent Initiative

Four Village Agents cover the seven Parishes of the Northern Fells Group.

Agents continue to attend existing clubs/events/lunch groups/parish council meetings to promote the service both formally and informally. They continue to run and support regular events that have been set up under the project.

Agents have:

- Helped with individual issues such as Blue Badge applications, Bus passes, Utility bill issues, Benefit referrals, Cleaners, Bereavement support, Hearing advice Form filling, Home Safety referrals, check up visits and referrals to existing Northern Fells Group Services and groups. A total of 377 individual visits/contacts have been made
 - Arranged a "Happy and Active" day at Westward which 20 local people attended. Exercise, healthy eating, massage and information from various organisations were available.
 - Arranged a "Happy and Active" day at Boltongate with 10 local residents attending.
 - Arranged a "Tea Dance" in Caldbeck Village Hall. 100 residents attended.
 - Arranged a "Tea Dance" in Rosley Village Hall. 76 residents attended.
 - Set up a regular Nail Cutting Clinic in Rosley supported by Age UK.
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NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

- Organised a five week Word Processing Course in Rosley Village Hall.6 residents attended each week.
- Organised a one day Hypnotherapy class which was attended by 7 residents.
- Supported Flood Defence meetings in Castle Sowerby.
- Arranged 3 Coffee Mornings in Mungrisdale to promote the Village Agent Project.
- Set up a weekly Slimming Club at Millhouse.
- Organised an Easter Bonnet Competition at Millhouse Village Hall.30 residents enjoyed the event
- Arranged a Food Safety Course with 11 residents taking advantage of the free course which was supported by W.E.A.
- Arranged a “Best Energy” event with Hellen Aitken from ACT with 10 people attending.
- Arranged and supported the setting up of a Youth Club in Bolton Low Houses. 30 young people regularly attend.
- Set up a weekly exercise class in Rosley.
- Collected 58 electric blankets from residents in all areas for checking, with 40 being replaced free of charge due to being unsafe.
- Organised a Photography one day class at Rosley with 10 attendees.
- Organised weekly exercise classes at Millhouse with good attendance levels.
- Supported “Message in a Bottle” initiative in conjunction with the Ambulance Service.
- Supported a new “Carer’s Group” in conjunction with NFG Lend a Hand.
- Continued to support and organize Oil Syndicates in Caldbeck, Hesket Newmarket, Rosley, Westward, Castle Sowerby, Mungrisdale, Welton and Sebergham.

People across all age ranges have taken advantage of the Village Agent Service.

Number of individual visits/enquiries/contacts per Parish:

- Westward and Rosley Parish - 107
- Castle Sowerby and Mungrisdale Parishes. - 184
- Boltons and Ireby and Uldale Parishes.- 30
- Caldbeck, Sebergham and Welton Parishes. – 56

Grant Funding received from the following: Cumbria Fells and Dales (RDPE), Big Lottery Fund, The Gurney Charitable Trust, The Joyce Wilkinson Trust and The Hadfield Charitable Trust.

Anne Burgess – Service Co-ordinator

Youth Initiative

The Easter and Summer Activities Programmes were run very successfully by Debra Williams and Pat Shaw comprising 9 and 21 activities respectively. The programme caters for children aged 6 to 16 living in the Northern Fells Group parishes. In the Easter Holiday Programme, 51 children took part and 126 of a possible 163 places were filled. In the Summer Holiday Programme, 101 children attended the various activities and 384 of a possible 496 were filled. The activities ranged from a variety of craft workshops, including felt pictures, mod roc clay sculpting, felt jewellery and phone accessory, mosaic mayhem, batik and marbling. The outdoor and sporting activities included street dancing, archery, map reading and treasure hunt, football, rock climbing, cricket, tennis, adventure cycling, pony riding and stable care. A water sports day of canoeing, kayaking and sailing was enjoyed by 23 children. The music workshop run by the Rock Project was a success with children learning to play the guitar and drums and they put on a short performance at the end of the session to show off their skills. We had help to supervise these activities from parent volunteers, trustees, staff and 3 young people who will hopefully help again next year.

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

A morning of fun was organised during term time for the 'under 6 age group with Cheeky Charlie' at Rosley Village Hall. The morning was well attended by children from the different playgroups of the Northern Fells Group area as well as the pre-schoolers and the younger class from Rosley School. I would like to thank Debbie and Pat for all their hard work and all our volunteers for helping to supervise this year's activities.

Funding for the activities came from The Hadfield Trust, Frances C Scott Trust, Allerdale & Eden Neighbourhood Forums- Cumbria CC and Northern Fells Group donations.

Diane Barraclough.

FINANCIAL REVIEW

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity to enable them to guard against shortfall, undertake projects and to take advantage of opportunities that present themselves. It is intended to build up the reserves.

Review of the financial position of the charity

The Group has a small negative income balance from the activities undertaken this year.

However, the importance of Grant Income remains pivotal to the funding for the Group now and in future years.

Principal financial management policies adopted

A financial report in the form of a profit and loss statement is circulated to the committee prior to each quarterly meeting.

A verbal overview is given by the treasurer of the overall financial position of the group together with details of any major items of income and expenditure that have occurred in the previous 3 months.

Any potential large business / operational expenditure or risk is discussed and agreed by the committee prior to any implementation.

An annual review is held with the independent examiner prior to the issue of the financial statements.

Principal funding sources and how expenditure in the year under review has supported the key objectives of the charity

The Group has been funded through a mixture of earned income, donations and membership from its local communities. Grants have been awarded from funds supporting rural communities and sustainable development or from those that support care for the elderly and disadvantaged. The Minibus, Lend a Hand (incorporating the Benefit Awareness Scheme), Youth Initiative and Village Agents will continue to provide much needed services to those members of the Northern Fells Community who face exclusion because of ill health, disability, lack of transport or low incomes.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

Funders

Cumbria Community Foundation
Lloyds TSB Foundation for England and Wales
The Northern Rock Foundation
Cumbria County Council - Community Transport
Cumbria Fells & Dales RDPE
Caldbeck Surgery Charitable Fund
Allerdale and Eden Neighbourhood Forums - Cumbria CC
The Joyce Wilkinson Trust
Francis C Scott Trust
Hesket Newmarket Brewery Fund
The Gurney Charitable Trust
The Hadfield Charitable Trust
The Big Lottery Fund
Nuclear Management Partners
Hilmarnan Trust
Boltons, Caldbeck, Castle Sowerby, Ireby with Uldale, Mungrisdale, Sebergham & Welton and Westward & Rosley Parish Councils Voluntary Donations

PLANS FOR FUTURE PERIODS

The trustees plan to continue all services and build a reserve of money to enable the Group to respond with help to identified areas of need.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of Northern Fells Rural Community Development Group for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
 - observe the methods and principles in the Charities SORP;
 - make judgements and accounting estimates that are reasonable and prudent;
 - state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
 - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.
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NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2013

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Andrew Liddle, Chartered accountant, for and on behalf of Saint & Co. has been re-appointed as independent examiner for the ensuing year.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Registered office:
Millhouse Village Hall
Millhouse
Wigton
Cumbria
CA7 8HR

Signed by order of the trustees

MRS D M BARRACLOUGH
Company Secretary

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NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP YEAR ENDED 31 MARCH 2013

I report on the accounts of the charity for the year ended 31 March 2013 set out on pages 16 to 24.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees (who are also the directors of Northern Fells Rural Community Development Group for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 386 of the Companies Act 2006); and
- accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew Liddle, Chartered accountant, for and on behalf of Saint & Co.
Independent examiner

4 Mason Court
Gillan Way
Penrith 40 Business Park
Penrith
Cumbria
CA11 9GR

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NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2013

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
INCOMING RESOURCES					
Incoming resources from generating funds:					
Voluntary income	2	8,154	1,823	9,977	7,891
Activities for generating funds	3	4,806	838	5,644	6,579
Investment income	4	685	-	685	338
Incoming resources from charitable activities	5	1,417	52,713	54,130	53,471
Other incoming resources	6	5,891	6,876	12,767	14,728
TOTAL INCOMING RESOURCES		<u>20,953</u>	<u>62,250</u>	<u>83,203</u>	<u>83,007</u>
RESOURCES EXPENDED					
Costs of generating funds:					
Fundraising: cost of goods sold and other costs	7	(4,130)	-	(4,130)	(3,670)
Charitable activities	8/9	(22,099)	(57,577)	(79,676)	(73,538)
Governance costs	10	(1,894)	-	(1,894)	(1,994)
TOTAL RESOURCES EXPENDED		<u>(28,123)</u>	<u>(57,577)</u>	<u>(85,700)</u>	<u>(79,202)</u>
NET (OUTGOING)/INCOMING RESOURCES BEFORE TRANSFERS					
Transfer between funds	12	(7,170)	4,673	(2,497)	3,805
	13	4,333	(4,333)	-	-
NET (EXPENDITURE)/INCOME FOR THE YEAR		2,837	340	(2,497)	3,805
RECONCILIATION OF FUNDS					
Total funds brought forward		20,744	59,889	80,633	76,829
TOTAL FUNDS CARRIED FORWARD		<u>17,907</u>	<u>60,229</u>	<u>78,136</u>	<u>80,634</u>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 18 to 24 form part of these financial statements.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

BALANCE SHEET

31 MARCH 2013

	Note	2013 £	£	2012 £
FIXED ASSETS				
Tangible assets	15		12,773	20,172
CURRENT ASSETS				
Debtors	16	2,453		3,872
Cash at bank		76,416		71,325
		<u>78,869</u>		<u>75,197</u>
CREDITORS: Amounts falling due within one year	17	(13,506)		(14,736)
NET CURRENT ASSETS			65,363	60,461
TOTAL ASSETS LESS CURRENT LIABILITIES			78,136	<u>80,633</u>
NET ASSETS			78,136	<u>80,633</u>
FUNDS				
Restricted income funds	18		60,229	59,889
Unrestricted income funds	19		17,907	20,744
TOTAL FUNDS			78,136	<u>80,633</u>

The trustees are satisfied that the charity is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The trustees acknowledge their responsibilities for:

- (i) ensuring that the charity keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee on the
and are signed on their behalf by:

MR G BATEY (Treasurer)

DR J COX (Chair)

Company Registration Number: 4504085

The notes on pages 18 to 24 form part of these financial statements.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 (SORP 2005) and the Companies Act 2006, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Incoming resources

Income is received by way of grants, service level agreements/contracts and services provided and are included in the statement on financial activities in the period to which they relate. Grant income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Income is deferred when either the donor specifies that the grant must only be used in future periods of account or the funding relates to activities in a future accounting period.

Investment income is recognised on a receivable basis.

Unrestricted funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds

Restricted funds are those that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended

Expenditure is recognised when a liability is incurred. They include attributable VAT which cannot be recovered.

- Costs of generating funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure undertaken directly for the activities of the charity and include both the direct costs and support costs relating to these activities.
- Governance costs include those incurred in the governance of the charity and are primarily associated with the constitutional and statutory requirements of the charity.
- Support costs include central functions that have been allocated to activity cost categories.

Fixed assets

All fixed assets are initially recorded at cost. Items are of a revenue nature if below £1,000 and are not capitalised up to this level.

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

1. ACCOUNTING POLICIES *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Computer equipment	- straight line over four years
Motor vehicles	- straight line over five years

2. VOLUNTARY INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Donations				
Donations	<u>8,154</u>	<u>1,823</u>	<u>9,977</u>	<u>7,891</u>

3. INCOMING RESOURCES FROM ACTIVITIES FOR GENERATING FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Fundraising	<u>4,806</u>	<u>838</u>	<u>5,644</u>	<u>6,579</u>

4. INVESTMENT INCOME

	Unrestricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Bank interest receivable	<u>685</u>	<u>685</u>	<u>338</u>

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Lloyds TSB Foundation	-	3,333	3,333	10,003
Cumbria County Council - Allerdale Grant	-	2,000	2,000	4,500
Parish Council Grants	-	2,150	2,150	1,550
Caldbeck Surgery Charitable Fund	-	2,500	2,500	4,125
Northern Rock Foundation	(583)	7,083	6,500	5,531
Cumbria Community Foundation	-	2,708	2,708	375
Big Lottery Fund Grant	-	9,683	9,683	-
Allerdale Neighbourhood Forum	-	3,179	3,179	-
Joyce Wilkinson Trust	-	1,750	1,750	1,250
Allerdale Borough Council	-	-	-	1,000
Cumbria Fells and Dales RDPE	-	9,814	9,814	15,557
Frances C Scott	-	2,500	2,500	-
The Hadfield Charitable Trust	-	1,039	1,039	660
The Trusthouse Charitable Foundation	-	-	-	3,334
The Nationwide Foundation	-	-	-	3,336
Nuclear Management Partners	2,000	-	2,000	-
CCC - Eden District Council	-	2,100	2,100	-
Other Grants Received	-	2,874	2,874	2,250
	<u>1,417</u>	<u>52,713</u>	<u>54,130</u>	<u>53,471</u>

6. OTHER INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Other income	3,656	2,171	5,827	6,493
Membership Subscriptions	2,235	-	2,235	2,285
Minibus Fares	-	4,705	4,705	5,950
	<u>5,891</u>	<u>6,876</u>	<u>12,767</u>	<u>14,728</u>

7. FUNDRAISING: COST OF GOODS SOLD AND OTHER COSTS

	Unrestricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Fundraising	<u>4,130</u>	<u>4,130</u>	<u>3,670</u>

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

8. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Minibus	–	11,600	11,600	10,626
Lend a Hand	–	7,488	7,488	7,236
Village Agents	–	14,364	14,364	13,534
Youth Initiative	–	7,405	7,405	7,999
Minibus Depreciation	–	5,678	5,678	5,678
Support costs	22,099	11,042	33,141	28,465
	<u>22,099</u>	<u>57,577</u>	<u>79,676</u>	<u>73,538</u>

9. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities undertaken directly £	Support costs £	Total Funds 2013 £	Total Funds 2012 £
Minibus	11,600	1,123	12,723	11,774
Lend a Hand	7,488	2,495	9,983	9,659
Village Agents	14,364	6,808	21,172	19,286
Youth Initiative	7,405	616	8,021	8,896
Core	–	22,099	22,099	18,245
Minibus Depreciation	5,678	–	5,678	5,678
	<u>46,535</u>	<u>33,141</u>	<u>79,676</u>	<u>73,538</u>

10. GOVERNANCE COSTS

	Unrestricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Accountancy fees	1,894	1,894	1,994

11. ANALYSIS OF SUPPORT COSTS

	Staff costs £	Total 2012 £
Staff costs	15,201	12,657
Travel	3,320	3,611
Printing, postage and stationery	3,333	3,489
Depreciation	1,716	715
Other costs	9,571	7,993
	<u>33,141</u>	<u>28,465</u>

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

12. NET (OUTGOING)/INCOMING RESOURCES FOR THE YEAR

This is stated after charging:

	2013	2012
	£	£
Depreciation	7,394	6,393
Accountant's fees	1,894	1,994
	<u> </u>	<u> </u>

13. FUND TRANSFERS

During the year £4,333 was transferred from restricted funds to unrestricted funds. The transfer was done to allocate part of the incoming resources for Lend A Hand and Youth Activities to cover the associated core/support costs.

14. STAFF COSTS AND EMOLUMENTS

Total staff costs were as follows:

	2013	2012
	£	£
Wages and salaries	41,696	35,935
Social security costs	—	—
	<u>41,696</u>	<u>35,935</u>

No employee received remuneration in excess of £60,000.

The trustees received no remuneration or expenses in relation to services provided to the charity.

Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2013	2012
	No	No
Number of staff	<u>2.5</u>	<u>2.5</u>

No employee received remuneration of more than £60,000 during the year (2012 - Nil).

NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

15. TANGIBLE FIXED ASSETS

	Plant and machinery etc. £
COST	
At 1 April 2012 and 31 March 2013	<u>35,650</u>
DEPRECIATION	
At 1 April 2012	15,478
Charge for the year	<u>7,399</u>
At 31 March 2013	<u>22,877</u>
NET BOOK VALUE	
At 31 March 2013	<u>12,773</u>
At 31 March 2012	<u>20,172</u>

16. DEBTORS

	2013 £	2012 £
Other debtors	<u>2,453</u>	<u>3,872</u>

17. CREDITORS: Amounts falling due within one year

	2013 £	2012 £
Other creditors	11,706	12,936
Accruals	<u>1,800</u>	<u>1,800</u>
	<u>13,506</u>	<u>14,736</u>

Other Creditors as stated above includes deferred income which is deferred and released in future periods.

Movement on Receipts in advance

Receipts in advance brought forward	12936	19247
Released in the year	(12936)	(19247)
Deferred in the year	<u>11706</u>	<u>12936</u>
Receipts in advance carried forward	<u>11706</u>	<u>12936</u>

18. RESTRICTED INCOME FUNDS

	Balance at 1 Apr 2012 £	Incoming resources £	Outgoing resources £	Transfers £	Balance at 31 Mar 2013 £
Restricted Funds	<u>59,889</u>	<u>62,250</u>	<u>(57,577)</u>	<u>(4,333)</u>	<u>60,229</u>

NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2013

19. UNRESTRICTED INCOME FUNDS

	Balance at 1 Apr 2012	Incoming resources	Outgoing resources	Transfers	Balance at 31 Mar 2013
	£	£	£	£	£
General Funds	<u>20,744</u>	<u>20,953</u>	<u>(28,123)</u>	<u>4,333</u>	<u>17,907</u>

20. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets	Net current assets	Total
	£	£	£
Restricted Income Funds:			
Restricted Funds	12,773	47,456	60,229
Unrestricted Income Funds	-	17,907	17,907
Total Funds	<u>12,773</u>	<u>65,363</u>	<u>78,136</u>

21. COMPANY LIMITED BY GUARANTEE

Northern Fells Rural Community Development Group is a charity limited by guarantee and does not have share capital.