

**NORTHERN FELLS RURAL COMMUNITY  
DEVELOPMENT GROUP  
COMPANY LIMITED BY GUARANTEE  
UNAUDITED FINANCIAL STATEMENTS  
31 MARCH 2015**

**Charity Number 1093814**

**SAINT AND CO**  
Chartered Accountants  
4 Mason Court  
Gillan Way  
Penrith 40 Business Park  
Penrith  
Cumbria  
CA11 9GR

# **NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2015**

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

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<b>Registered charity name</b>	Northern Fells Rural Community Development Group
<b>Charity number</b>	1093814
<b>Company registration number</b>	4504085
<b>Registered office</b>	Millhouse Village Hall Millhouse Wigton Cumbria CA7 8HR
<b>Trustees</b>	Mr M Threlkeld Dr J Cox (Retired 10 September 2014) Mr L Gleed Mr D Ward Mr K Bridges Mr W Smith Mrs J Bush Mr P Huntington Mr R G Batey (Treasurer) Mrs J Stevenson Ms J Bland (Chair) Mr T Todd (Retired 10 September 2014) Mr M Bagguley Mr G Hine (Vice Chair) Mr M Baeur (Served from 29 April 2014 to 15 January 2015) Mr F Shaw (Appointed 10 September 2014) Mr P Pearson (Appointed 10 September 2014)
<b>Secretary</b>	Mrs D M Barraclough
<b>Independent examiner</b>	Andrew Liddle, for and on behalf of Saint & Co 4 Mason Court Gillan Way Penrith 40 Business Park Penrith Cumbria CA11 9GR
<b>Bankers</b>	Lloyds TSB Bank plc 6 Lowther Street Carlisle Cumbria CA3 8DB

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# **NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE**

## **TRUSTEES ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2015**

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The trustees, who are also directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2015.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

### **THE TRUSTEES**

The trustees who served the charity during the period were as follows:

Mr M Threlkeld  
Dr J Cox  
Mr L Gleed  
Mr D Ward  
Mr K Bridges  
Mr W Smith  
Mrs J Bush  
Mr P Huntington  
Mr R G Batey (Treasurer)  
Mrs J Stevenson  
Ms J Bland (Chair)  
Mr T Todd  
Mr M Bagguley  
Mr G Hine (Vice Chair)  
Mr M Baeur  
Mr F Shaw  
Mr P Pearson

Mr M Baeur was appointed as a trustee on 29 April 2014.  
Mr F Shaw was appointed as a trustee on 10 September 2014.  
Mr P Pearson was appointed as a trustee on 10 September 2014.  
Dr J Cox retired as a trustee on 10 September 2014.  
Mr T Todd retired as a trustee on 10 September 2014.  
Mr M Baeur retired as a trustee on 15 January 2015.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Legal status**

The charity was incorporated on the 06 August 2002 and began its charitable activities on that date.

#### **Governing Document**

The charity is governed by its memorandum and articles of association dated 06 August 2002 and amended 11 January 2007.

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## ORGANISATION

The management of the group is entrusted to the committee, which consists of the officers, namely Chairman, Vice-Chairman and Treasurer and up to twelve other members plus co-opted members. The committee meets no less than four times per year.

All officers and committee members are members of the group. Each of the Parish Councils of the seven parishes of Ireby with Uldale, Boltons, Westward & Rosley, Sebergham & Welton, Caldbeck, Castle Sowerby and Mungrisdale nominate a committee member at the Annual General Meeting who serve for the following year. Other officers and committee members are elected annually at the Annual General Meeting.

The committee has powers to do all things necessary and desirable in pursuit of the objects of the group.

Induction and training of Trustees is undertaken in meetings with new trustees and the Group Co-ordinator explains policies and procedures and copies of the Good Governance Guide and Memorandum of Articles of Association are supplied.

## Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirms that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

## Membership

There are currently 152 individual members of the Northern Fells Group and 96 family members. Membership costs £5 per annum or £15 for a family (reviewed annually) and is open to anyone living within the Northern Fells Area or wishing to support the aims of the Northern Fells Group. We have increased awareness of our membership through local events and will continue to promote ownership of our group via this medium and "word of mouth".

## OBJECTIVES AND ACTIVITIES

### Summary of the objects as set out in the governing document

The Northern Fells Rural Community Development Group promotes and undertakes (either alone or on behalf of or in association with other bodies, organisations and individuals) charitable activities of any kind for the benefit and welfare of the inhabitants, communities and organisations in the parishes of Ireby with Uldale, Boltons, Westward & Rosley, Sebergham & Welton, Caldbeck, Castle Sowerby and Mungrisdale in the county of Cumbria and elsewhere.

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## Summary of the main activities in relation to these objects

The group runs the following services:

- Core administration, research, development and fundraising;
- The Lend a Hand Group provides neighbourly support to people who are ill or less able, and their carers;
- The Benefits Awareness and Help with Forms Scheme assists the elderly, people with disabilities and people on low income;
- Youth Initiative runs a range of activities including cycling, music, arts and sport as well as networking with local, county and national youth schemes;
- The Minibus service provides a flexible, accessible door to door service for people of any age without their own transport, and group hire;
- The Village Agent project links people to our services and outside organisations with four agents working throughout the parishes;
- In addition we organise parish based lunch clubs, drop-in sessions and Tai-Chi for older people.
- Men In Sheds Community Workshop.

## ACHIEVEMENTS AND PERFORMANCE

### How our activities deliver public benefit

The Charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide many benefits and continue to look after the welfare of those who partake of the services provided within the seven parishes that make up the Northern Fells Group. The outcomes are shown below in the service co-ordinators' reports. The Group Co-ordinator reviews performance and objectives set for all services and reports to Trustees ensuring we are meeting the unmet needs of the residents in our community.

### Review of achievements and performance in the year

#### Core Service

The Group continues to achieve its aims: helping, supporting, guiding, serving and enabling the inhabitants of our parishes.

The group has continued to promote membership and maintained its trading activities. The annual newsletter was again ably edited by trustee Len Gleed, which involves volunteers delivering to our residents. We have made two claims to the Department for Transport for a fuel duty rebate, due to our geographical remoteness, to help with increasing fuel costs. In December our fundraising co-ordinator Liz Woodham resigned after successfully securing grants for the group. Libby Graham has taken over the role and has ably taken on the challenge. I have attended meetings with ACT, Cumbria community transport forum meetings and continue to liaise with all our coordinators increasing good communication within the group.

The Mosedale Meeting House Coffee Shop was open again from July – September, Thursday to Sunday as an excellent fundraising activity for all Northern Fells services, run entirely by over 60 volunteers, baking, making soup and running the coffee shop. We display work from local artists who very kindly donate a percentage of sales to the group funds. Without Antoinette Ward's tireless organisation and the dedication of our many volunteers we would not be able to keep this brilliant outlet alive. A thank you must be extended once again to the Mosedale Society of Friends (Quakers) for allowing us the use of their meeting house.

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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We are extremely grateful for everyone's support and express our thanks to all our generous funders, including all the kind supporters of the group for their donations, funding events and merchandise. Funding for this service and the Fundraising Co-ordinator came from Lloyds Bank Foundation, Northern Rock Foundation, Prince's Countryside Fund, Gurney Trust, Big Lottery Fund and Group Donations.

**It would not be possible to offer our services without the work of our wonderful volunteers; the trustees and co-ordinators express their sincere thanks for all their dedication and continuous support.**

*Diane Barraclough, Group Co-ordinator.*

## **Fundraising Co-ordinator**

The main fundraising challenges faced by the Group over this year and into the near future are the time expiry of the Northern Fells Group grant aid contracts - these include the Big Lottery Fund, Cumbria Community Foundation and Lloyds Bank.

In response fundraising has concentrated on:

1. Procuring additional funding for all services:
  - Applying for further funding from the Reaching Communities, Big Lottery Fund, which was conditional upon commissioning an external evaluation conducted by the University of Newcastle. Stage 1 of the bid has been approved – we are currently awaiting the outcome of our Stage 2 submission.
  - Applying for a number of smaller grants to help support the ongoing work of Northern Fells Group. These include the Hilmarnan Trust and The Gurney Trust.
  - All funders require extensive monitoring and evaluation of impact – 6 monthly and annual reports are produced for each one.
2. Increasing NFG's own income generation so that the Group becomes more self-sustaining. These included the production of the 2015 Calendar, the selling of apple juice and greeting cards and a 3 day craft fair in December in Mungrisdale. A major event based on the Radio 4 programme "In Our Time" in June 2014, combined with a dinner and auction at Hutton in the Forest, raised £9,174. Thanks to Lord Bragg, Sir Chris Bonington, Leo Holding, Julie Summers, Doug Scott and auction prize donors.
3. Researching and opening a dialogue with new funders, including those who support community enterprises.
4. Consolidating and strengthening our relationships with current and potential funders and partners attending local forums and conferences.

**All our fundraising is a team effort, and I would like to thank all our donors, members, staff, supporters, trustees and volunteers for their time, commitment and efforts.**

*Libby Graham Fundraising Coordinator*

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## The Lend a Hand Service

The number of volunteer assists, during the period April 2014 to March 2015, in comparison to the previous year is:

2014/2015	HANDYMAN	PERSONAL/ DOMESTIC CARE	MEDICAL LOAN	2013/2014	HANDYMAN	PERSONAL/ DOMESTIC CARE	MEDICAL LOAN
TOTAL				TOTAL			
448	44	372	32	329	48	258	23

The increase in the number of personal/domestic care numbers is mainly due to repeat visits to long term sick clients.

The Lend a Hand service provides handyman, personal/domestic care and medical loan service, to residents in the 7 parishes who are ill or disabled and their carers. Lend a Hand receives referrals mainly from other NFG staff members, the volunteers and the clients themselves. The medical loan section is organised by Doreen Gleed who provides an excellent service in conjunction with the British Red Cross.

Lend a Hand is part of Cumbria County Council's Neighbourhood Care Independence Programme. Meetings are attended on a quarterly basis. Since joining the programme in April 2013 there have been no referrals however the quarterly meetings do provide an excellent source of networking. Some of the other partners have been speakers at the LAH meetings e.g. Alzheimer's Society, Deafvision and Eden Carers. NCIP also arrange external training and several volunteers have expressed interest in future training.

The Tai Chi exercise class numbers average 7 on a weekly basis. The Carers Group continues to meet on a monthly basis with around 5 getting together for coffee and a chat.

5 new volunteers have been recruited over the year, making a total of 30. The LAH newsletter and meetings continue. The volunteers are still very active with NFG group projects – Drop Ins, Lunch Groups, Mosedale Tearoom, Village Agent Information Days and the circulation of the Northern Fells newsletter. In fact many are happy to help in any capacity. The volunteers on a regular basis go that extra mile to ensure that clients receive the best possible service. They highlight concerns and additional help that may be needed within the group or externally. They are very caring and committed to helping others. They cannot be praised enough for the work they do.

Comments from 2 clients: 'LAH stupendous – thank you very very much'.

'I can't thank you enough for what you have done during a difficult time'.

*Gail Dewis – Lend a Hand Co-ordinator*

Funding for this services came from: Northern Rock Foundation, Hilmarnan Trust, Neighbourhood Care Independence Programme and donations.

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## **Lend a Hand Group: Benefits Awareness Scheme**

The Benefits Awareness (and help with forms) Scheme is part of the Lend a Hand Group's activities, with Antoinette Ward continuing to work for the Scheme for 5 hours a week.

37 residents used the Benefits Awareness service this year. Of the 37 people contacting the service, 28 were aged over 65 years and 1 was under 25. The remaining clients were aged between 25 and 64 years. 23 people were assisted with claim forms or with appeals against decisions, a number of those were assisted with two or more claim forms, and 14 people were given other information, referred to other agencies or assisted with letters or telephone calls to sort out a variety of concerns. I made 43 home visits to clients over the year and helped them via email and telephone calls as well. Some clients were helped entirely by email or telephone consultations and did not actually need home visits.

£30,320.80 per annum in benefits was awarded in total to the residents who were helped with specific benefit claims between the beginning of April 2014 and the end of March 2015.

Information and assistance was given with a wide variety of concerns and referrals made to a number of different organisations. Benefit claims included disability benefits such as personal independence payment and attendance allowance, carer's allowance, working tax credit, pension credit, council tax reduction, housing benefit, bereavement benefits, help with health costs, and employment and support allowance. People also wanted help with housing information and applications, information about funding for social and residential care, and help available for carers. Some of the referrals I made were to our own Northern Fells services – the Village Agents, the Minibus, the Lend a Hand Group, Lunch Groups and the Drop In at Millhouse. Others were to Citizens Advice Bureau, the District Nurses, and to the Careline Alarm services.

Assistance was given with the Northern Fells Newsletter, January 2015 publication, and I attended liaison meetings with partner voluntary organisations in Cumbria's Neighbourhood Care Independence Project.

The Benefits Awareness service has continued to be advertised from time to time in the parish newsletters, and is advertised in the Northern Fells Services and Organisations booklet. The local GPs and the District and Practice Nurses refer patients to the service as does Gail Dewis, who runs the Northern Fells Group Lend a Hand services, and the Northern Fells Village Agents. The annual Newsletter lets people know about the service, and word of mouth remains one of the most valuable ways in which people find out about the help offered.

*Antoinette Ward. Benefits scheme worker.*

Funding for this service came from: Lloyds Bank Foundation, Neighbourhood Care Independence Programme and donations.

## **Men in Sheds**

The Men in Sheds project began, after a successful pilot, in June 2014. The official opening was in July. We open for two sessions per week, Tuesdays and Thursdays 10:00 until 14:00.

We have five men who come to the workshop on a regular basis the majority of those men come at least weekly, and some twice weekly. After initial good numbers over the summer months, the number of attendees trailed off over the winter months, but has remained stable if small. The total number of attendances since we opened is 374 giving a mean monthly attendance of 34. Thursdays are the

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# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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most popular days with 244 attendances giving an average of 22.2 attendances per month. Tuesdays have been a little quieter with total attendances running at 129 giving a monthly mean attendance of 11.7.

The most common activities include tool repairs, bird nesting box building and repairing, garden bench repairing and a regular number of miscellaneous repairs such as indoor furniture, and tool sharpening.

Donations from the public over this past year are close to £1000. We have been donated a large amount of power tools and hand tools. We have purchased additional machinery as we felt necessary.

I will be attending a MiS event in Manchester in June, this will give us a better understanding about how to provide services, and ideas about improving attendance.

Funding for this service came from Cumbria Community Foundation and group donations.

*Ken Graham*

## **Minibus Service**

The minibus continues to be a regularly used NFG service throughout all the seven parishes providing transport for all ages.

Over the past year we have transported 1456 passengers travelling a total of 12,410 miles (miles with passengers on board). These journeys can range from essential Hospital/Doctors' appointments to more leisurely outings such as lunch clubs and weddings.

The minibus is regularly used by disabled and wheelchair users providing them with an invaluable service by taking them to day care or therapy sessions which otherwise would not be accessible to them. Over the past year there have been a total of 136 wheelchair journeys all of which have required the use of the tail lift.

The number of passenger journeys can fluctuate over the months, for example over the summer months when people are on holiday or when the winter months arrive and people prefer to stay indoors and only travel to essential appointments.

We currently have a total of 34 drivers, 5 of which cover evening and weekend journeys. All of our drivers are volunteers and provide a wonderful service never letting us down when we have to call on them in an emergency or at short notice. We are very pleased that we have recruited 5 new drivers of the past year.

We are extremely pleased to be in the process of purchasing a new minibus that will be on the road at the end of May. Drivers and passenger comments were taken into consideration before making a decision and we hope that everyone will be happy with the new red minibus!

Funding for this service came from: Cumbria County Council – Community Transport, Caldbeck Surgery Charitable Fund, Heskett Newmarket Brewery, our seven Parish Councils and group donations.

*Julia Trotter, Transport Co ordinator*

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## VILLAGE AGENT INITIATIVE

Four Village Agents cover the seven Parishes of the Northern Fells Group.

Agents continue to attend existing clubs/events/lunch groups/parish council meetings to promote the Service both formally and informally and advertisements are placed in local publications and on local notice boards. They run and support regular events that have been set up under the project.

### Agents have also:

- Helped with individual issues such as Blue Badge applications, Bus passes, Utility bill issues, Benefit referrals, Cleaners, Bereavement support, Hearing advice, Form filling, Home Safety referrals, meals on wheels referrals, emotional support, check-up visits and referrals to existing Northern Fells Group services and groups.  
A total of 502 individual visits/contacts have been made
- Referred residents to Nail Cutting Clinics at Rosley and Hesket Newmarket which are well attended and supported by Age UK.
- Collected 21 electric blankets from residents in all areas for checking with 11 being replaced by Penrith Fire & Rescue service free of charge due to being unsafe.
- Promoted International Day for Older People: We organised a Tea Dance at Mungrisdale Village Hall with 64 local people attending.
- Collected surplus apples from 40 local residents resulting in bottles of apple juice being sold to raise funds for NFG.
- Supported the "Men in Sheds" initiative by preparing a local premise for regular use.
- Continued to support and organise Oil Syndicates in Caldbeck, Hesket Newmarket, Rosley, Westward, Castle Sowerby, Mungrisdale, Boltons and Welton & Sebergham with 293 residents taking advantage of the service at a reduced oil price. Estimated savings for the year £7,034.

### New initiatives this year:

- Walking 4 Health- 2 Village agents and 3 volunteers have trained to be walk leaders arranged by Macmillan Cancer support and the Ramblers. 2 groups have been set up, one for short walks with 23 people registered, and one for longer 3 hour walks with 25 people registered.
- Cooking for Men: A pilot session started in May and we have 6 men regularly attending monthly.
- Energy Switching Days: We organised 2 days with support from C.A.B. An approximate saving of £841 was made for 12 residents.
- Sebergham coffee/lunch group: A new bi-monthly coffee and lunch group has been set up.
- Mungrisdale coffee and chat: A new group has been set up and is being well supported.
- Poetry sessions with the Wordsworth trust are being held monthly in Caldbeck.
- Curthwaite coffee morning and short walk: A new group started in March.
- Eden Carers: we organised 2 sessions for carers with 12 residents attending.
- Organised an Arts & Crafts Fair at Mungrisdale over 3 days which was well attended.

People across all age ranges from all four Parishes have taken advantage of the Village Agent Service.

Funding for this service came from: Big Lottery Reaching Communities Fund, The Hadfield Trust, Neighbourhood Care Independence Programme.

*Diane Barraclough– Service Co-ordinator*

## YOUTH INITIATIVE

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# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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The Easter and Summer Activities Programmes were run very successfully by Debra Williams comprising of 8 and 21 activities respectively. The programme caters for children aged 6 to 16 living in the Northern Fells Group parishes. In the Easter Holiday Programme, 65 children took part and 140 of a possible 188 places were filled. In the Summer Holiday Programme, 80 children attended the various activities and 288 of a possible 439 were filled. The activities ranged from a variety of craft workshops to coordinate the craft activities with Hesketh Show including felt pictures, mod roc clay sculpting and new crafts such as drawing painting and collage, paint a key ring canvas were introduced. The outdoor and sporting activities included archery, football, rock climbing, cricket, tennis, adventure cycling, pony riding and stable care. We had 1 water sports day of Ghyll scrambling and canoeing which was enjoyed by 23 children. Our 3 new activities were Orienteering and Bushcraft at Watchtree nature reserve, 2 Multi sports days and a drama workshop. We had help to supervise these activities from parent volunteers, trustees, staff and 3 young people who will hopefully help again next year.

A morning of fun was organised during term time for the under 6 age group with Enjoy-a-Ball at Caldbeck Village Hall. The morning was well attended by over 30 babies, toddlers and preschool children from the different playgroups of the Northern Fells Group area.

I would like to thank Debbie for all her hard work and all our volunteers for helping to supervise this year's activities.

Funding for the activities came from North East Allerdale Community Grants Fund, Eden Local committee, Francis C Scott and Northern Fells Group donations.

*Diane Barraclough. Service Co-ordinator.*

## **FINANCIAL REVIEW**

### **Policy on reserves**

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity to enable them to guard against shortfall, undertake projects and to take advantage of opportunities that present themselves. It is intended to build up the reserves.

### **Review of the financial position of the charity**

The Group has a positive income balance from the activities undertaken this year.

However, the importance of Grant Income remains pivotal to the funding for the Group now and in future years.

### **Principal financial management policies adopted**

A financial report in the form of a profit and loss statement is circulated to the committee prior to each quarterly meeting.

A verbal overview is given by the treasurer of the overall financial position of the group together with details of any major items of income and expenditure that have occurred in the previous 3 months.

Any potential large business / operational expenditure or risk is discussed and agreed by the committee prior to any implementation.

An annual review is held with the independent examiner prior to the issue of the financial statements.

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# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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## **Principal funding sources and how expenditure in the year under review has supported the key objectives of the charity**

The Group has been funded through a mixture of earned income, donations and membership from its local communities. Grants have been awarded from funds supporting rural communities and sustainable development or from those that support care for the elderly and disadvantaged. The Minibus, Lend a Hand (incorporating the Benefit Awareness Scheme), Youth Initiative and Village Agents will continue to provide much needed services to those members of the Northern Fells Community who face exclusion because of ill health, disability, lack of transport or low incomes.

## **Funders**

Cumbria Community Foundation  
Lloyds Bank Foundation  
The Northern Rock Foundation  
Cumbria County Council - Community Transport  
Caldbeck Surgery Charitable Fund  
Allerdale and Eden Neighbourhood Forums - Cumbria CC  
Hesket Newmarket Brewery Fund  
The Gurney Charitable Trust  
The Hadfield Charitable Trust  
The Big Lottery Fund  
The Prince's Countryside Fund  
Hilmarnan Trust  
Neighbourhood Care Independence Programme  
Boltons, Caldbeck, Castle Sowerby, Ireby with Uldale, Mungrisdale, Sebergham & Welton and Westward & Rosley Parish Councils Voluntary Donations

## **PLANS FOR FUTURE PERIODS**

The trustees plan to continue all services and build a reserve of money to enable the Group to respond with help to identified areas of need.

## **INDEPENDENT EXAMINER**

Andrew Liddle, Chartered accountant, for and on behalf of Saint & Co. has been re-appointed as independent examiner for the ensuing year.

## **TRUSTEES' RESPONSIBILITIES STATEMENT**

The trustees (who are also the directors of Northern Fells Rural Development Group for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

TRUSTEES ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2015

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In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **SMALL COMPANY PROVISIONS**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Registered office:  
Millhouse Village Hall  
Millhouse  
Wigton  
Cumbria  
CA7 8HR

Signed by order of the trustees

MRS D M BARRACLOUGH  
Charity Secretary

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# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP

YEAR ENDED 31 MARCH 2015

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I report on the accounts of the charity for the year ended 31 March 2015 which are set out on pages 16 to 24

### RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of Northern Fells Rural Community Development Group for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Andrew Liddle, Chartered accountant, for and on behalf of Saint & Co.  
Independent examiner

4 Mason Court  
Gillan Way  
Penrith 40 Business Park  
Penrith  
Cumbria  
CA11 9GR

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# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2015

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
<b>INCOMING RESOURCES</b>					
Incoming resources from generating funds:					
Voluntary income	2	12,081	2,620	14,701	8,450
Activities for generating funds	3	19,116	3,025	22,141	7,959
Investment income	4	923	-	923	566
Incoming resources from charitable activities	5	-	74,338	74,338	59,408
Other incoming resources	6	6,384	6,374	12,758	13,068
<b>TOTAL INCOMING RESOURCES</b>		<u>38,504</u>	<u>86,357</u>	<u>124,861</u>	<u>89,451</u>
<b>RESOURCES EXPENDED</b>					
Costs of generating funds:					
Fundraising: cost of goods sold and other costs	7	(9,703)	-	(9,703)	(2,579)
Charitable activities	8/9	(24,179)	(68,486)	(92,665)	(84,408)
Governance costs	10	(1,674)	-	(1,674)	(1,794)
<b>TOTAL RESOURCES EXPENDED</b>		<u>(35,556)</u>	<u>(68,486)</u>	<u>(104,042)</u>	<u>(88,781)</u>
<b>NET INCOMING RESOURCES BEFORE TRANSFERS</b>					
Transfer between funds	12 13	2,948 (376)	17,871 376	20,819 -	670 -
<b>NET INCOME FOR THE YEAR</b>		<u>2,572</u>	<u>18,247</u>	<u>20,819</u>	<u>670</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>12,376</u>	<u>66,430</u>	<u>78,806</u>	<u>78,136</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>14,948</u>	<u>84,677</u>	<u>99,625</u>	<u>78,806</u>

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 18 to 24 form part of these financial statements.



# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## BALANCE SHEET

31 MARCH 2015

	Note	2015 £	£	2014 £
<b>FIXED ASSETS</b>				
Tangible assets	15		1,422	7,095
<b>CURRENT ASSETS</b>				
Debtors	16	2,838		537
Cash at bank		119,211		102,276
		<u>122,049</u>		<u>102,813</u>
<b>CREDITORS: Amounts falling due within one year</b>	17	<u>(23,846)</u>		<u>(31,102)</u>
<b>NET CURRENT ASSETS</b>			<b>98,203</b>	71,711
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u><b>99,625</b></u>	<u>78,806</u>
<b>NET ASSETS</b>			<u><b>99,625</b></u>	<u>78,806</u>
<b>FUNDS</b>				
Restricted income funds	18		<b>84,677</b>	66,430
Unrestricted income funds	19		<b>14,948</b>	12,376
<b>TOTAL FUNDS</b>			<u><b>99,625</b></u>	<u>78,806</u>

For the year ended 31 March 2015 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee and authorised for issue on the ..... and are signed on their behalf by:

MR G BATEY (Treasurer)

MS J BLAND (Chair)

Company Registration Number: 4504085

**The notes on pages 18 to 24 form part of these financial statements.**

# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

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### 1. ACCOUNTING POLICIES

#### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), and the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005).

#### **Incoming resources**

Income is received by way of grants, service level agreements/contracts and services provided and are included in the statement on financial activities in the period to which they relate. Grant income is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Income is deferred when either the donor specifies that the grant must only be used in future periods of account or the funding relates to activities in a future accounting period.

Investment income is recognised on a receivable basis.

#### **Unrestricted funds**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

#### **Restricted funds**

Restricted funds are those that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### **Resources expended**

Expenditure is recognised when a liability is incurred. They include attributable VAT which cannot be recovered.

- Costs of generating funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure undertaken directly for the activities of the charity and include both the direct costs and support costs relating to these activities.
- Governance costs include those incurred in the governance of the charity and are primarily associated with the constitutional and statutory requirements of the charity.
- Support costs include central functions that have been allocated to activity cost categories.

#### **Fixed assets**

All fixed assets are initially recorded at cost. Items are of a revenue nature if below £1,000 and are not capitalised up to this level.

# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

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### 1. ACCOUNTING POLICIES *(continued)*

#### Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Computer equipment	- straight line over four years
Motor vehicles	- straight line over five years

### 2. VOLUNTARY INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
<b>Donations</b>				
Donations	<u>12,081</u>	<u>2,620</u>	<u>14,701</u>	<u>8,450</u>

### 3. INCOMING RESOURCES FROM ACTIVITIES FOR GENERATING FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
Fundraising	<u>19,116</u>	<u>3,025</u>	<u>22,141</u>	<u>7,959</u>

### 4. INVESTMENT INCOME

	Unrestricted Funds £	Total Funds 2015 £	Total Funds 2014 £
Bank interest receivable	<u>923</u>	<u>923</u>	<u>566</u>

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

### 5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restricted Funds	Total Funds 2015	Total Funds 2014
	£	£	£
Lloyds Bank Foundation	10,000	10,000	1,667
Cumbria County Council - Allerdale Grant	2,500	2,500	2,500
Parish Council Grants	2,150	2,150	2,300
Caldbeck Surgery Charitable Fund	2,500	2,500	2,500
The Northern Rock Foundation	6,583	6,583	7,333
Cumbria Community Foundation	6,551	6,551	1,667
The Big Lottery Fund	22,457	22,457	19,844
The Joyce Wilkinson Trust	-	-	2,500
The Prince's Countryside Fund	10,000	10,000	6,667
Frances C Scott	500	500	-
The Hadfield Charitable Trust	250	250	2,512
Neighbourhood Care Independence Programme	6,743	6,743	6,743
Nuclear Management Partners	-	-	750
CCC - Eden District Council	1,500	1,500	-
Other Grants Received	2,604	2,604	2,425
	<u>74,338</u>	<u>74,338</u>	<u>59,408</u>

### 6. OTHER INCOMING RESOURCES

	Unrestricted Funds	Restricted Funds	Total Funds 2015	Total Funds 2014
	£	£	£	£
Other income	3,914	1,792	5,706	6,480
Membership Subscriptions	2,470	-	2,470	2,245
Minibus Fares	-	4,582	4,582	4,343
	<u>6,384</u>	<u>6,374</u>	<u>12,758</u>	<u>13,068</u>

### 7. FUNDRAISING: COST OF GOODS SOLD AND OTHER COSTS

	Unrestricted Funds	Total Funds 2015	Total Funds 2014
	£	£	£
Fundraising	<u>9,703</u>	<u>9,703</u>	<u>2,579</u>

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

### 8. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
Minibus	–	11,880	11,880	11,361
Lend a Hand	–	7,639	7,639	7,488
Village Agents	–	16,594	16,594	17,535
Youth Initiative	–	7,007	7,007	8,220
Men In Sheds	–	5,515	5,515	–
Minibus depreciation	–	5,678	5,678	5,678
Support costs	24,179	14,173	38,352	34,126
	<u>24,179</u>	<u>68,486</u>	<u>92,665</u>	<u>84,408</u>

### 9. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities undertaken directly £	Support costs £	Total Funds 2015 £	Total Funds 2014 £
Minibus	11,880	1,152	13,032	12,445
Lend a Hand	7,639	1,977	9,616	9,846
Village Agents	16,594	9,850	26,444	24,597
Youth Initiative	7,007	714	7,721	9,445
Men In Sheds	5,515	480	5,995	–
Core	–	24,179	24,179	22,397
Minibus depreciation	5,678	–	5,678	5,678
	<u>54,313</u>	<u>38,352</u>	<u>92,665</u>	<u>84,408</u>

### 10. GOVERNANCE COSTS

	Unrestricted Funds £	Total Funds 2015 £	Total Funds 2014 £
Accountancy fees	1,674	1,674	1,794

### 11. ANALYSIS OF SUPPORT COSTS

	Total 2015 £	Total 2014 £
Staff costs	17,174	16,292
Travel	4,593	3,804
Printing, postage and stationery	5,513	2,806
Other costs	11,072	11,224
	<u>38,352</u>	<u>34,126</u>

# NORTHERN FELS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

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### 12. NET INCOMING RESOURCES FOR THE YEAR

This is stated after charging:

	2015	2014
	£	£
Depreciation	5,678	5,678
Accountant' fees	1,674	1,794
	<u>7,352</u>	<u>7,472</u>

### 13. FUND TRANSFERS

During the year £376 was transferred from unrestricted funds to restricted funds. The transfer was done to allocate part of the fundraising income to cover the minibus replacement costs.

### 14. STAFF COSTS AND EMOLUMENTS

Total staff costs were as follows:

	2015	2014
	£	£
Wages and salaries	48,629	44,955
Social security costs	-	-
	<u>48,629</u>	<u>44,955</u>

No employee received remuneration in excess of £60,000.

The trustees received no remuneration or expenses in relation to services provided to the charity.

#### Particulars of employees:

The average number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2015	2014
	No	No
Number of staff	2.5	2.5
	<u>2.5</u>	<u>2.5</u>

No employee received remuneration of more than £60,000 during the year (2014 - Nil).

# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

### 15. TANGIBLE FIXED ASSETS

	Plant , machinery and motor vehicles £	
<b>COST</b>		
At 1 April 2014 and 31 March 2015		<u>35,650</u>
<b>DEPRECIATION</b>		
At 1 April 2014		28,555
Charge for the year		<u>5,673</u>
<b>At 31 March 2015</b>		<u>34,228</u>
<b>NET BOOK VALUE</b>		
At 31 March 2015		<u>1,422</u>
At 31 March 2014		<u>7,095</u>
<b>Capital commitments</b>		
	<b>2015</b>	2014
	£	£
Contracted but not provided for in the financial statements	<u>31,655</u>	<u>-</u>

During the course of the year the trustees have taken the decision to replace the minibus and have authorised the purchase of a new one. A deposit of £17,438 was paid in February 2015 of which £15,000 was received via a Community Transport grant from Cumbria County Council. The balance of £14,217 was paid in May 2015. They took delivery of the new minibus at the end of May 2015.

### 16. DEBTORS

	2015	2014
	£	£
Other debtors	400	537
Prepayments	<u>2,438</u>	<u>-</u>
	<u>2,838</u>	<u>537</u>

# NORTHERN FELLS RURAL COMMUNITY DEVELOPMENT GROUP COMPANY LIMITED BY GUARANTEE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2015

### 17. CREDITORS: Amounts falling due within one year

	2015	2014
	£	£
Other creditors	22,046	29,302
Accruals	1,800	1,800
	<u>23,846</u>	<u>31,102</u>

Other Creditors as stated above includes deferred income which is deferred and released in future periods.

#### Movement on Receipts in advance

Receipts in advance brought forward	22,702	11,706
Released in the year	(22,702)	(11,706)
Deferred in the year	22,046	22,702
Receipts in advance carried forward	<u>22,046</u>	<u>22,702</u>

### 18. RESTRICTED INCOME FUNDS

	Balance at 1 Apr 2014	Incoming resources	Outgoing resources	Transfers	Balance at 31 Mar 2015
	£	£	£	£	£
Restricted Funds	66,430	86,357	(68,486)	376	84,677

### 19. UNRESTRICTED INCOME FUNDS

	Balance at 1 Apr 2014	Incoming resources	Outgoing resources	Transfers	Balance at 31 Mar 2015
	£	£	£	£	£
General Funds	12,376	38,504	(35,556)	(376)	14,948

### 20. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets	Net current assets	Total
	£	£	£
<b>Restricted Income Funds:</b>			
Restricted Funds	1,422	98,255	99,677
<b>Unrestricted Income Funds</b>	-	14,948	14,948
<b>Total Funds</b>	<u>1,422</u>	<u>113,203</u>	<u>114,625</u>

### 21. COMPANY LIMITED BY GUARANTEE

Northern Fells Rural Community Development Group is a charity limited by guarantee and does not have share capital.