

Northern Fells Group
Local Help & Information to all Residents
during the Coronavirus outbreak
Bulletin no. 2, March 23rd 2020



We hope that everyone has received the information we have already sent out about the help available to everyone in the Northern Fells Area. If you have friends and neighbours not on email please print off and pop the information into their letterbox or let us know and we will post it out. We don't want anyone to be alone and not know there is plenty of help available. We are delighted to say that we have had an amazing response to our request for younger volunteers, we have had over 50 new volunteers in the first week! AMAZING and thank you all.

Our local shops at Hesket Newmarket 016974 78229 and Caldbeck 016974 78252 are both taking orders and doing deliveries so no one needs to be short of groceries. Orders can be phoned in and collected eliminating excess contact.

Our local pubs and catering outfits have offered to run a take away service so you can still have a MEAL OUT-IN!!! If you are out of area for deliveries we can, by arrangement, get this delivered for you if you are self-isolating. Establishments identified so far are listed at the end of this bulletin.

We are aware that a lot of you have already set up a 'Phone a Friend' (PaF) scheme and are keeping an eye on your friends and neighbours, please let us know if any problems arise and we can help.

All our events and activities including our Men in Sheds and our Easter Youth Activities are cancelled for next month and we will keep you informed when the situation changes.

Philippa Groves 016974 78555 **NFG Village Agent, Castle Sowerby & Mungrisdale**
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Gillian Skillicorn 07874 241604 **NFG Village Agent, Ireby, Uldale & Boltons**
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And to help with volunteering please contact

Simon Braithwaite 016974 77196 **NFG Lend a Hand Coordinator**
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And as ever when anything happens someone makes a joke of it

So many coronavirus jokes out there, it's a pundemic.

Establishments in Northern Fells Area (in alphabetical order) willing to prepare home cooked takeaway meals (most will deliver)

Please contact direct for menu, prices and delivery options. Delivery can be arranged through NFG for residents in isolation by arrangement.

Choice Catering, Debbie Bainbridge, Hesket Newmarket, 016974 78535 or 07871 743 003 Tuesdays and Fridays

Denton House, Hesket Newmarket, 016974 78415
Mondays and Thursdays 5.30 – 7.30pm

Emily's Black Lion, The Square, Wigton CA7 1EA, 016973 71110
Not Tuesdays

Mae's Tearoom, Uldale Old School, Uldale, Cumbria CA7 1HA 016973 71369

Mill Inn, Mungrisdale, Penrith CA11 0XR 017687 79632

Old Crown, 2, Beech Cottages, Hesket Newmarket, Wigton CA7 8JG, 016974 78288
Can provide meals all week except Mondays

Oddfellows, Caldbeck, Wigton CA7 8EA 016974 78227
Open all week, deliveries.

Oddfellows Arms, Bolton Low Houses, Wigton CA7 8PA 016973 44452

Royal Oak Inn, Curthwaite, Wigton CA7 8BG 01228 710229

Snooty Fox, Uldale, Wigton NO MEALS
Sour Nook Sebergham NO MEALS

Greenhill Hotel, Red Dial, Wigton CA7 8LS 016973 43304