

Northern Fells Group

Local Help & Information to all Residents
during the Coronavirus outbreak

Bulletin no. 42

13/7/2020



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Action through Community

There has been loads of discussion about the effectiveness of **WEARING FACE MASKS**. The safest option is always to wear one in public, especially when social distancing is questionable. Thinking about that made us aware that some people would be self-conscious about wearing a mask but try to think along the lines that by doing so you can protect your own life and those of everyone around you, your family and friends. We would love to see photos of the masks you have been making, I've seen some very fashionable ones and some very funny ones, please send them in. On the subject of fashion we have not had the opportunity to get dressed up and go out in the last few months but I have heard of people going the extra mile for a Zoom meeting and I salute you as I have probably lived the last three months in joggers and a tee shirt except for Friday Nights which we have made into a celebration of 'Another week and we are still here!' So please join us on Friday (virtually) get yourself presentable, get a beverage of choice or a nice meal and celebrate 'Being Here' and focus on all the good things in life. A little hard at the moment but you will find a good number when you really look.

The Caldbeck & District Local History Society has received a request for any information regarding **INTERNATIONAL YOUTH CAMPS** organised by Cumberland County Education Committee in the school summer holidays in the 1940s and 1950s. The researcher is particularly interested in personal accounts from anyone who was involved. If you can help please contact Sue Dunlop directly by email s.dunlop@pt.lu or get in touch with Tony Vaux on 016974 78626 and vauxt@aol.com. We understand that the result will be a published booklet.

Di Bowes our lovely **NFG Benefits Advisor** has been busy compiling a leaflet which is attached and is about **Universal Credit** for anyone who may find themselves in difficulty or are having any financial problems, it is very easy to read and sets out some simple to follow guidance. Please give her a call even if it's just to check details, enquiries are treated with the strictest confidentiality.

NOT FORGETTING OUR HARDWORKING FARMERS The Farmer Network Ltd is an independent not for profit company that provides help and support to farmers and their businesses. Formed in 2006. They are a friendly, grassroots farmer's organisation with an experienced team of knowledgeable people used to dealing with most queries and challenges that today's farm business can experience. If they don't know the answer, they will know the right person who does, through their many corporate members, sponsors and other associates. That is why they encourage all members to contact The Farmer Network as a first port of call, dealing with most queries, challenges and opportunities. 01768 868615 info@thefarmernetwork.co.uk

And finally we have another **Library Edit** from Cumbria County Council which is full of things to do for all ages plus the **Bunting Challenge** so if you are feeling creative you could follow the simple instructions to make the bunting then go crazy with your artistic talents. For more information about the project, contact the Wellbeing Service or for details of where to submit bunting call 01768 245953 or email: Kathleen.Tyson@ncic.nhs.uk – Sarah.Linnard@ncic.nhs.uk or Tracey.Williams@ncic.nhs.uk

Village Agents: **Philippa Groves** 016974 78555, **Helen Sturges** 016974 78556,

Barbara Stoddart 016973 42452 **Gillian Skillicorn** 07874 241604

Benefits advisor: **Dianne Bowes** 07752 457513

Mini bus coordinators: **Carol Hickson and Antoinette Ward** 016974 78787

NFG Lend a Hand Coordinator: **Simon Braithwaite** 016974 77196