

Northern Fells Group

Local Help & Information to all Residents
during the Coronavirus outbreak

Bulletin no. 56

20/8/2020



Northern Fells Group



Action through Community

THE CALDBECK RAMBLER SERVICE 73 BUS IS BACK. www.cumbria.gov.uk/buses/73

Hesket Newmarket 0823 or 1225

Caldbeck 0830 or 1232

Ireby 0842 or 1244

Uldale 0846 or 0848

Arriving Keswick at 0914 and 1316 and returning at 1130 and 1530

For anyone looking for a day out in Patterdale, the first bus continues there arriving at 1014 and then returns at 1445. Anyone wanting to go to Cockermouth or Workington, could get off the first bus on the main road (A591) at Bassenthwaite and cross the road to take the X4 at 0914. Connections on the way back mean they would need to travel into Keswick, but there are half hourly buses back from both Workington and Cockermouth to Keswick (X4 or X5). To be in Keswick for the 15:30 return bus, the last bus from Workington is 1415 or Cockermouth at 1439, arriving Keswick at 15:11 Please remember that masks must be worn on Public Transport unless you have a disability which stops you from being able to wear one.

Bim Tyson is also running his bus service to Wigton on Tuesdays, please ask Helen for details of dates and times

BUS PASSES I am also attaching an article about 'How to apply for a NoWCard during Coronavirus (COVID-19) restrictions' which gives all the details you need if you require one.

Also attached is an article from Dianne Bowes our Benefits Advisor about **PENSION CREDIT AND TELEVISION LICENCES**. A huge number of people are eligible for Pension Credit and do not claim and it's very easy to check if you qualify by ringing The Pension Credit Helpline on 0800 99 1234 but if in doubt please give Dianne a ring on 07752 457513 and she will be happy to help you with that or anything related to filling in forms and benefits.

As it is still **HAPPINESS HAPPENS** month please find time today and every day to make someone smile or go for gold and make someone laugh! I love this John Cleese quote;



Laughter connects you with people.
It's **almost impossible** to maintain
any kind of **distance**
or any sense of **social hierarchy**
when you are just howling with **laughter**.
Laughter is a force for democracy



And here is a tip for anyone with a bad memory:

Change your password to "**Incorrect.**" That way if you log in with the wrong password, the computer will tell you... "Your password is incorrect."

Stay safe and keep well, remember to wear face masks when necessary and wash your hands regularly and please ask for help if you need anything.

Village Agents: **Philippa Groves** 016974 78555 **Helen Sturges** 016974 78556

Barbara Stoddart 016973 42452 **Gillian Skillicorn** 07874 241604

Benefits Advisor: **Dianne Bowes** 07752 457513

Mini Bus Coordinators: **Carol Hickson and Antoinette Ward** 016974 78787

NFG Lend a Hand Coordinator: **Simon Braithwaite** 016974 77196