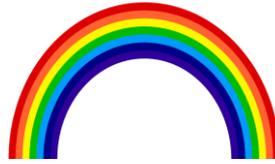


Northern Fells Group

Local Help & Information to all Residents
during the Coronavirus outbreak

Bulletin no. 57

21/8/2020



Well, who can you trust now? The warning we sent out in good faith with our last bulletin was in fact - **ANOTHER SCAM!** Had you researched it and gone further into the details you might well have been caught out and tricked into revealing more of your details. This just goes to show how we should all double check everything we do online. Thank you to our residents who alerted us to this double scam. **BUT IT DOES HAPPEN** Sadly last week one of our team was caught in a scam involving her bank and mobile phone, had she not been cautious they could have lost a lot of money, she had replied to a text saying they were returning a call, she had not made a call and they acknowledged this. An hour later she got a further text message with a pin asking her to text them to say she wished to continue speaking to them - she didn't do this but phoned the company concerned directly – the company concerned then said someone was trying to buy data on her account - it wasn't her! Her account had been hacked - she then changed her security passwords etc with them and thought that was the end of it. It wasn't and a day later she found payments pending on her account for large amounts, fortunately she managed after a great deal of work and worry to stop them and then had to spend time changing her passwords and getting things sorted out. **A NIGHTMARE** which can happen to anyone -- don't let that person be you.

On a happier note, here we have a young man giving up his time and doing something for good. Dan Thompson, son of Alan & Sheila and grandson of Verna and the late Brian Thompson (both Alzheimer's) is cycling from Lands' End to John o' Groats AND climbing the 3 Peaks en-route for Alzheimer's. He sets off this Sunday, 23rd and hopes to finish by the 2nd Sept. If you would like to support him, he has a just giving page. www.justgiving.com/fundraising/dan-thompson29

We are really enjoying your poems, please keep them coming as well as your photographs of Lockdown and your lives now. It is great that so many of you are keeping in touch and it is lovely to hear stories of distanced tea parties and Two Metre BBQs, Walking snakes and loads of other things that you very resourceful people have been doing.

As the Surplus Apple Scheme will not be running this year we set our Cookery Mornings for Men group off on a mission to use as many apples as possible, we are looking forward to the photographs of their latest challenge, a Flat Apple Tart, (recipe attached for anyone else who would like to have a try) We do really need to preserve as much fruit as possible as we already see trees laden and it would be a shame for them to go to waste. Any suggestions for using up fruit would be welcome and we can share them.

HEARING AID CHECKS: are fully booked for Thursday 27th August. However if you need a check or batteries please get in touch as we could run a further session in September if there was sufficient need for one, email philippa.groves@northernfellsgroup.org.uk or phone 016974 78555

Keep observing the rules which should protect you from catching the virus, if you think you may have been in contact with anyone with the virus then please get tested and stay at home until you get the all clear. Stay safe and well.

Village Agents: Philippa Groves 016974 78555 Helen Sturges 016974 78556

Barbara Stoddart 016973 42452 Gillian Skillicorn 07874 241604

Benefits Advisor: Dianne Bowes 07752 457513

Mini Bus Coordinators: Carol Hickson and Antoinette Ward 016974 78787

NFG Lend a Hand Coordinator: Simon Braithwaite 016974 77196