

Northern Fells Group

Local Help & Information to all Residents
during the Coronavirus outbreak

Bulletin no. 59

26/8/2020



Did we detect a great smell in the air of apples cooking at the weekend? We have received some superb photographs of produce, lovely clear apple jelly and scrumptious apple pies, keep up the good work and keep sending in your favourite recipes. It's good to share and as our Caldbeck, Welton & Sebergham Village Agent Helen says with the weather being cooler and wetter in the week ahead we might as well get on with some home cooking and get our freezers full of all the lovely locally produced foodstuffs available.

How did you get on with the latest dastardly quiz? A bit of a brain teaser that one – but there's more in the same vein coming if you enjoy the struggle 😊 If anyone fancies doing some jigsaw puzzles we have been offered some so please get in touch and we will arrange delivery for you.

The Uldale Lunch Club at Mae's Tea Room will be opening this month on Thursday 3rd September. To observe social distancing and for your safety places might be restricted and must be booked in advance, contact Mark Nellist on 01697 371369 or email: info@maestearooms.co.uk if you would like to attend. There will be recommendations in place and it will be your responsibility to follow them for your own safety. This Lunch Group is not run by NFG.

Good to hear how many of you enjoyed the donkey video, they are canny creatures and so too are dogs. For anyone who owns a dog did you know that today is their day? The national holiday Dogs Day first occurred in 2004 after it was started by an animal behaviourist to honour man's best friend. The aim of the awareness day is to raise awareness about the number of dogs that are currently in rescue centres and encourage the adoption of these animals. Sadly, each year, millions of dogs become homeless because they are unwanted or their owners are unable to care for them. It is also known as Dog Appreciation Day, World's Dog Day, and International Dog Day. So if you have a dog – or five! Give them an extra pat today and then take your right hand and put it over your left shoulder and give yourself a pat on the back too as that is one less dog in need of love and a good home. I like the following two quotes: "Some of our greatest historical and artistic treasures we place with curators in museums; others we take for walks." – Roger A. Caras. "Everyone thinks they have the best dog. And none of them are wrong." – Unknown

If you don't have a dog to take out for a walk then you could find someone who would like theirs walking occasionally or volunteer at a rescue centre (when the situation allows) or if you do have a dog and feel you don't have the time or energy to get it out often enough then let us know and we could put you in touch with someone who might like some extra exercise.

HEARING AID CHECKS: are fully booked for tomorrow. However if you need a check or batteries please get in touch as we could run a further session in September if there was sufficient need for one, email philippa.groves@northernfellsgroup.org.uk or phone 016974 78555

Keep observing the rules which should protect you from catching the virus, if you think you may have been in contact with anyone with the virus then please get tested and stay at home until you get the all clear. Stay safe and well. Keep in touch, we love to hear of your adventures.

Village Agents: **Philippa Groves** 016974 78555 **Helen Sturges** 016974 78556

Barbara Stoddart 016973 42452 **Gillian Skillicorn** 07874 241604

Benefits Advisor: **Dianne Bowes** 07752 457513

Mini Bus Coordinators: **Carol Hickson and Antoinette Ward** 016974 78787

NFG Lend a Hand Coordinator: **Simon Braithwaite** 016974 77196